

Sports Club for Health (SCforH) Country Cards



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Introduction

There is a range of physical, psychological, and social benefits associated with the participation in sports. From a public health perspective, it is therefore important to enable access to high-quality sports programmes to as many people as possible. Sports clubs are a key setting in which people engage in sports; hence, they may play an important role in improving population health. However, numerous sports clubs are focused predominately or exclusively on elite athletes and achieving top results in competitions while underutilising their potential to engage wider audiences by offering sport-for-all activities.

With the aim to improve the quality and availability of health-enhancing sports activities, since 2008, a group of experts in health-enhancing physical activity (HEPA) and sports promotion has been developing and promoting the Sports Club for Health (SCforH) approach. To support this endeavour, within three large SCforH projects funded by the European Commission we have created various resources, such as the [SCforH guidelines](#), [textbook](#), [online course](#), [website](#), and database of examples of good practice. These materials have been directly disseminated to more than six thousand stakeholders in the European sports sector, including sports club managers and coaches, representatives of sports associations, physical educators, physical activity promoters, and policy makers in the area of sport.

Since 2013, the national implementation of SCforH guidelines has been one of the 23 indicators for evaluation of physical activity levels and policies in the EU, as proposed by the Council of the European Union. To facilitate the assessment of national performance against this indicator, enable comparisons between countries, and inform future actions to promote the implementation of SCforH guidelines, in this book we summarised data relevant to the promotion of health-enhancing sports activities in 36 European countries and presented them in the form of Country Cards.



Methods

The SCforH Country Cards were developed in four stages. From February 2020 to July 2022, we conducted a SCforH survey among 689 stakeholders in the sports sector, including academic staff in higher education or research institutions and representatives of sports clubs, sports associations, governmental bodies, and public health institutions. From March to June 2022, four authors of the book (SBT, HH, DJ, and ŽP) selected indicators relevant to the national implementation of SCforH approach. The proposed indicators were then reviewed and approved by 8 authors of the book (SBT, LB, GDG, HH, DJ, TM, ŽP, and RV). From July to September 2022, four authors of the book (DJ, TM, ŽP, and MS) extracted and analysed data from the SCforH 2015-17 survey, SCforH 2020-22 survey, and secondary sources. For the purpose of this book, we used the list of countries/economies/states/regions (hereafter referred to as “countries”) provided by the World Bank. Not all of the authors necessarily agree with all the definitions provided on this list. The SCforH Country Cards were prepared for 36 European countries, including 27 European Union member states, 4 candidate countries (Albania, North Macedonia, Serbia, and Turkey), Iceland, Norway, Switzerland, and the UK. In the final stage, 32 authors of the book were asked to review and approve the content of SCforH Country Cards.

Indicators

Each SCforH Country Card includes the following 11 groups of indicators:

- I. Demographics
- II. Socioeconomic status
- III. Population health
- IV. Physical activity and sport participation
- V. National policy
- VI. Commitment of the national government to the promotion of elite sports and HEPA
- VII. Commitment of sports organisation to the promotion of elite sports and HEPA
- VIII. Networking
- IX. Awareness and implementation of the SCforH guidelines among sports clubs
- X. Initiatives taken to promote the SCforH guidelines
- XI. Summary scores

DEMOGRAPHICS

The most recent available data on the population size (expressed in millions) and percentage of urban population were taken from the World Bank's [World Development Indicators](#) database in April, 2022.

SOCIOECONOMIC STATUS

The most recent available data on the income per capita (GNI per capita in 2020, Atlas method, exchanged from US Dollars at the average Dollar – Euro exchange rate for 2020 and expressed in Euros) were taken from the World Bank's [World Development Indicators](#) database in April, 2022. The most recent available data on educational attainment were taken from the same database in April, 2022 and expressed as the percentage of adults (25+ years of age) in the population with at least the bachelor degree, for all countries except Croatia, Luxembourg, Montenegro, Switzerland, and Turkey. For these five countries, data on educational attainment were taken from the Eurostat database and expressed as the percentage of people aged 15 to 64 years in the population with at least a tertiary education degree. The most recent available data on income inequality (Gini index) and unemployment rate (expressed as the percentage of total labour force) were also taken from the World Bank's [World Development Indicators](#) database in April 2022.

POPULATION HEALTH

The most recent available data on life expectancy at birth (expressed as the number of years for males and females) and deaths from non-communicable diseases (expressed as the percentage of total deaths) were taken from the World Bank's [World Development Indicators](#) database in April 2022.

PHYSICAL ACTIVITY AND SPORT PARTICIPATION

The percentage of individuals in the population who exercise or play sports at least once a week and the percentage of individuals in the population who never exercise or play sports were taken from the [Special Eurobarometer 525 Sport and Physical Activity](#) survey.

NATIONAL POLICY

The most recent available data on health expenditure (expressed in Euros per capita according to the average Dollar – Euro exchange rate for the given year) and availability of physical activity policy (Yes/No) were taken in April, 2022 from the World Bank's [World Development Indicator](#) database and the Global Observatory for Physical Activity (GoPA!) – [2nd Physical Activity Almanac](#) (Policy and Surveillance status, question 1), respectively. The use of data on the availability of national physical activity policies was approved by the publisher of the almanac.

COMMITMENT OF THE NATIONAL GOVERNMENT TO THE PROMOTION OF ELITE SPORTS AND HEPA

To assess the commitment of national government to the promotion of (a) elite sports, (b) health-enhancing sports activities, and (c) overall health-enhancing physical activity (HEPA), we analysed the data from the SCforH 2015-17 (for Albania and Norway) and SCforH 2020-22 (for the remaining 34 countries) surveys conducted among academic staff in higher education or research institutions and representatives of sports clubs, sports associations, governmental bodies, and public health institutions. The level of commitment was estimated on the scale from 0 to 10, where 0 denotes “not at all committed” and 10 denotes “most highly committed”.

COMMITMENT OF SPORTS ORGANISATIONS TO THE PROMOTION OF ELITE SPORTS AND HEPA

To assess the commitment of sport organisations to the promotion of (a) elite sports, (b) health-enhancing sports activity, and (c) overall health-enhancing physical activity (HEPA), we analysed the data from the SCforH 2015-17 survey conducted among representatives of sports associations. The level of commitment was estimated on the scale from 0 to 10 where 0 denotes “not at all committed” and 10 denotes “most highly committed”.

NETWORKING

Data on the number of national members in (a) European Federation for Company Sports (EFCS), (b) European Network for the Promotion of Health-Enhancing Physical Activity (HEPA Europe), (c) European Non-Governmental Sport Organisation (ENGSO), (d) International Sport and Culture Organisation (ISCA), and (e) The Association For International Sport for All (TAFISA) were collected from their websites and from the representatives of the organisations in the SCforH 2020-22 project.

AWARENESS AND IMPLEMENTATION OF THE SCFORH GUIDELINES AMONG SPORTS CLUBS

To estimate the percentage of sports clubs (a) whose representatives are aware of the SCforH guidelines and (b) that implemented the SCforH guidelines, we analysed the data from the SCforH 2015-17 (for Albania, Cyprus, Greece, Lithuania, Luxembourg, and Norway) and SCforH 2020-22 (for the remaining 30 countries) surveys conducted among academic staff in higher education or research institutions and representatives of sports clubs, sports associations, governmental bodies, and public health institutions. We analysed the responses to the following question: *“Please estimate the percentage of sports clubs in your country that: (a) are aware of the ‘Sports Club for Health’ (SCforH) Guidelines, (b) implemented ‘Sports Club for Health’ Programmes according to the SCforH guidelines.”*

INITIATIVES TAKEN TO PROMOTE THE SCFORH GUIDELINES

To determine whether any initiatives were taken to promote the use or implementation of SCforH guidelines by (a) the government, (b) sports organisations, (c) higher education institutions, (d) public health institutions, (e) members of the SCforH consortium, and (d) other stakeholders, we analysed the data from the SCforH 2015-17 (for Germany, Italy, Netherlands, Norway, and Turkey) and SCforH 2020-22 (for the remaining 31 countries) surveys conducted among academic staff in higher education or research institutions and representatives of governmental bodies and public health institutions.

SUMMARY SCORES

The summary scores were calculated for: (a) the commitment of national government, (b) the commitment of sports organisations, (c) networking, (d) the awareness of SCforH guidelines, (e) the implementation of SCforH guidelines, and (f) the initiatives taken to promote the SCforH guidelines. We also calculated the overall score to estimate the current national capacity to promote HEPA through sports clubs and associations. The summary scores were categorised as “Low”, “Medium”, and “High”, based on the following data:

- A.** the commitment of national government to the promotion of HEPA (0-3.4 = Low, 3.5-6.4 = Medium, 6.5-10 = High)
- B.** the commitment of sports organisations to the promotion of HEPA (0-3.4 = Low, 3.5-6.4 = Medium, 6.5-10 = High)
- C.** the number of umbrella organisations with the membership from the given country (0-1 = Low, 2-3 = Medium, 4-5 = High)
- D.** the estimated percentage of sports clubs whose representatives are aware of the SCforH guidelines (0-30% = Low, 31-60% = Medium, 61-100% = High)
- E.** the estimated percentage of sports clubs that implemented the SCforH guidelines (0-30% = Low, 31-60% = Medium, 61-100% = High)
- F.** the number of different types of stakeholders that have taken initiatives to promote the use or implementation of SCforH guidelines (0-1 = Low, 2-4 = Medium, 5-6 = High)

The overall score was calculated as the sum of points in all summary scores, where no points were assigned for “Low”, 1 point was assigned for “Medium”, and 2 points were assigned for “High” summary scores. The sum of points was then further categorised into “Low” (0-3 points), “Medium” (4-8 points), and “High” (9-12 points).

Country Cards



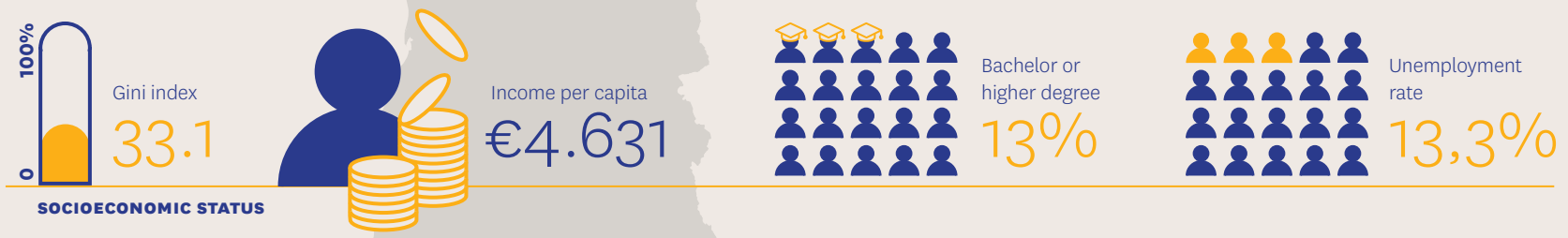


Albania



DEMOGRAPHICS

≈ 142 000



SOCIOECONOMIC STATUS



POPULATION HEALTH

NATIONAL POLICY



Albania

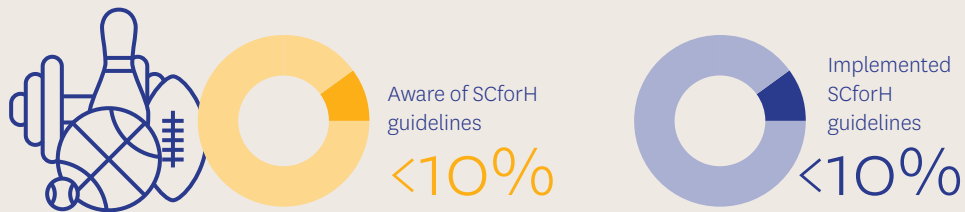


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COMMITMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of sport organisations



Networking



Awareness of SCforH guidelines



Implementation of SCforH guidelines



SUMMARY SCORES



OVERALL

Austria

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 University of Graz
 EMAIL ADDRESS
sylvia.titze@uni-graz.at

Population size Urban population

8.92 M 59%



DEMOGRAPHICS

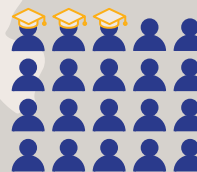
≈ 446 000



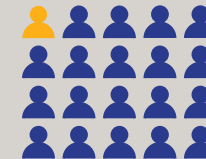
Gini index
30.8



Income per capita
€42.412

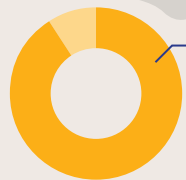


Bachelor or higher degree
15%



Unemployment rate
5,4%

SOCIOECONOMIC STATUS



Deaths from NCDs
91%

Life expectancy
82 years



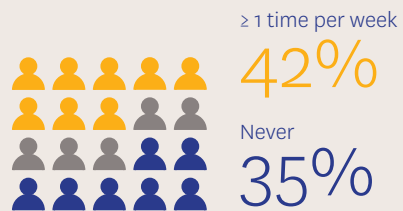
Health expenditure per capita
€4.682



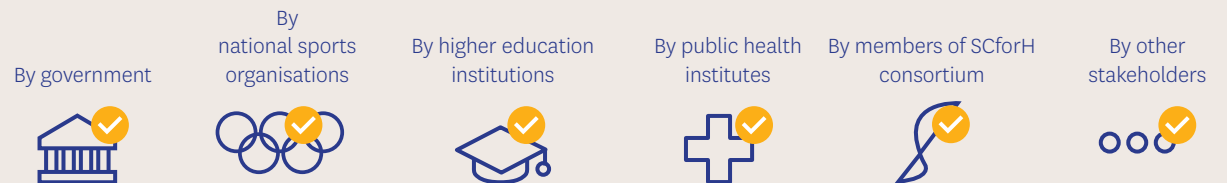
Availability of physical activity policy
Yes

POPULATION HEALTH

NATIONAL POLICY



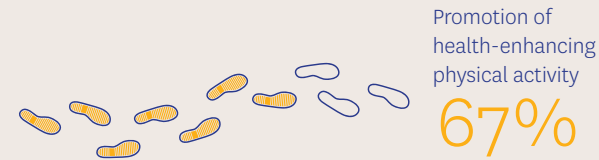
SPORT AND EXERCISE PARTICIPATION



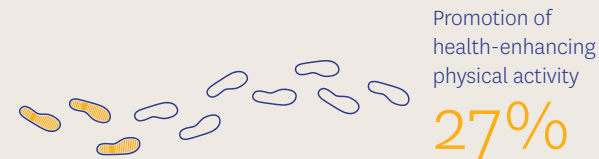
INITIATIVES TO PROMOTE SCFORH GUIDELINES

YES NO

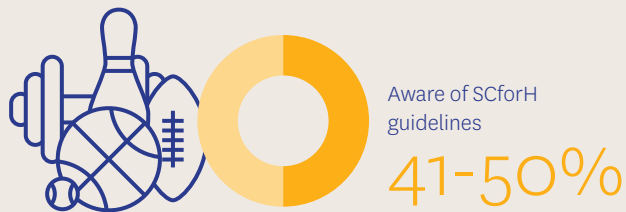
Austria



COMMITTMENT OF NATIONAL GOVERNMENT



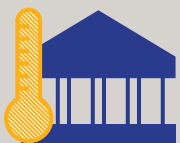
COMMITTMENT OF SPORT ORGANISATIONS



NUMBER OF MEMBER ORGANISATIONS IN

PERCENTAGE OF SPORTS CLUBS

Commitment of national government



Commitment of sport organisations



Networking



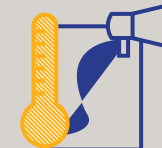
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

Belgium

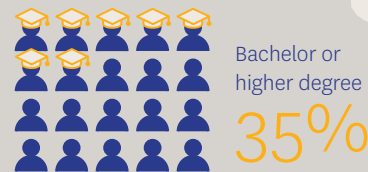
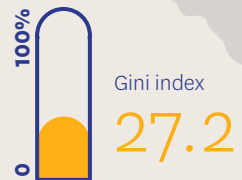
Population size
11.54 M

Urban population
98%

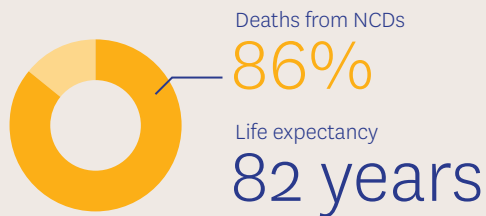


DEMOGRAPHICS

≈ 577 000



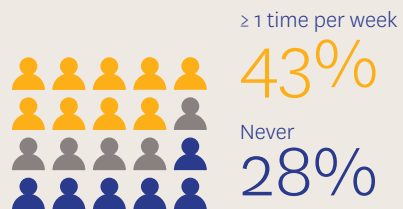
SOCIOECONOMIC STATUS



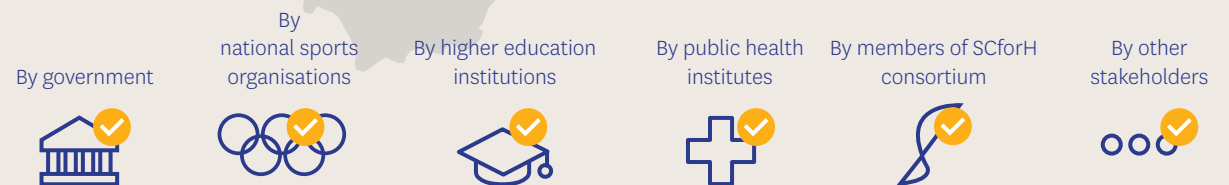
POPULATION HEALTH



NATIONAL POLICY



SPORT AND EXERCISE PARTICIPATION



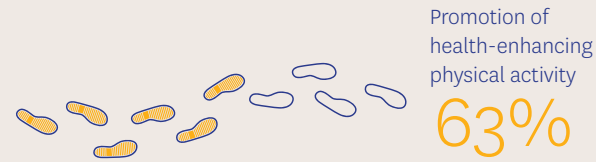
INITIATIVES TO PROMOTE SCFORH GUIDELINES

YES NO

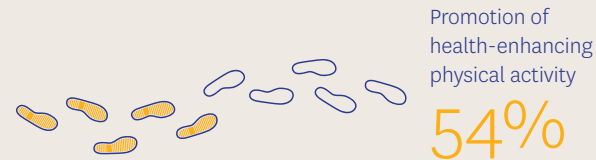
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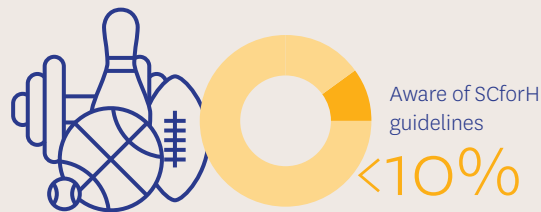
Belgium



COMMITMENT OF NATIONAL GOVERNMENT



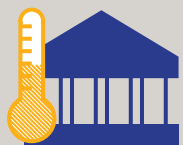
COMMITMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



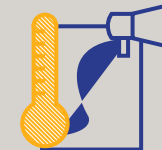
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



SUMMARY SCORES

OVERALL

Bulgaria

Population size Urban population

6.93 M 76%



DEMOGRAPHICS

≈ 346 000



Gini index
41.3



Income per capita
€8.446

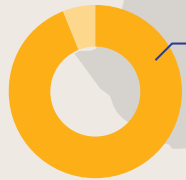


Bachelor or
higher degree
26%



Unemployment
rate
5,1%

SOCIOECONOMIC STATUS



Deaths from NCDs

95%

Life expectancy

75 years



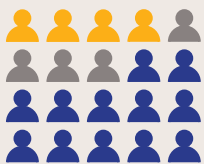
Health expenditure
per capita
€623



Availability of
physical activity
policy
Yes

POPULATION HEALTH

NATIONAL POLICY



≥ 1 time per week

21%

Never

61%

SPORT AND EXERCISE PARTICIPATION

Bulgaria



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

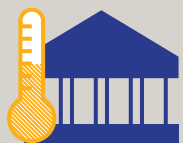


PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



Awareness of SCforH guidelines



Implementation of SCforH guidelines



SUMMARY SCORES



OVERALL



Croatia

Population size Urban population

4.05 M 58%



DEMOGRAPHICS

≈ 200 000



Gini index
29.7



Income per capita
€12.988

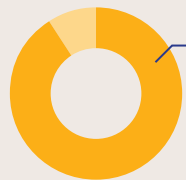


Tertiary degree
22%



Unemployment rate
7,5%

SOCIOECONOMIC STATUS



Deaths from NCDs
92%

Life expectancy
78 years



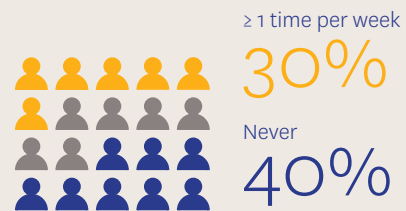
Health expenditure per capita
€929



Availability of physical activity policy
Yes

POPULATION HEALTH

NATIONAL POLICY



≥ 1 time per week
30%

Never
40%

By government



By national sports organisations



By higher education institutions



By public health institutes



By members of SCforH consortium



By other stakeholders



INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

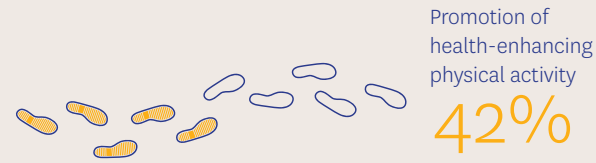
SPORT AND EXERCISE PARTICIPATION

A/Prof Danijel Jurakić, PhD
INSTITUTION
Faculty of Kinesiology,
University of Zagreb
EMAIL ADDRESS
danijel.jurakic@kif.unizg.hr

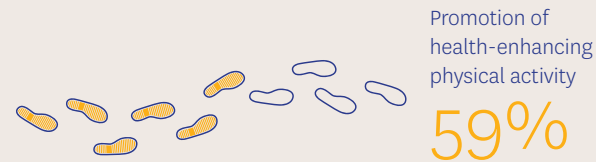
Tena Matolić, Ms. Edu.
INSTITUTION
Faculty of Kinesiology,
University of Zagreb
EMAIL ADDRESS
tena.matolic@kif.unizg.hr



Croatia



COMMITMENT OF NATIONAL GOVERNMENT



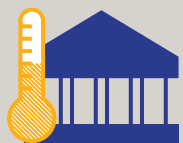
COMMITMENT OF SPORT ORGANISATIONS



NUMBER OF MEMBER ORGANISATIONS IN

PERCENTAGE OF SPORTS CLUBS

Commitment of national government



Commitment of sport organisations



Networking



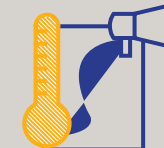
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

SUMMARY SCORES



Cyprus

Population size

1.21 M

Urban population

67%



DEMOGRAPHICS

≈ 60 000



Gini index

32.7



Income per capita

€23.232



Bachelor or higher degree

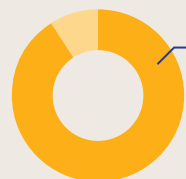
30%



Unemployment rate

7,6%

SOCIOECONOMIC STATUS



Deaths from NCDs

90%

Life expectancy

81 years



Health expenditure per capita

€1.783



Availability of physical activity policy

Yes

POPULATION HEALTH

NATIONAL POLICY



≥ 1 time per week

40%

Never

46%

By higher education institutions



By public health institutes



INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO



Cyprus

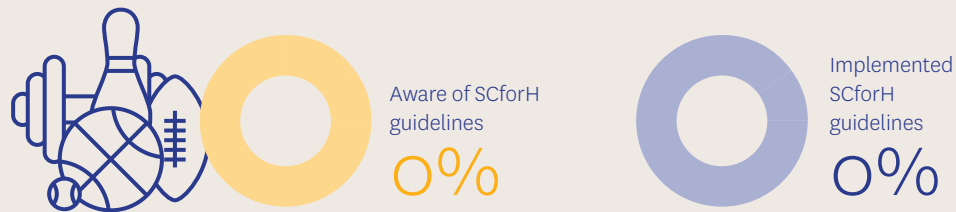
EMAIL ADDRESS
info@scforh.info



COMMITMENT OF NATIONAL GOVERNMENT



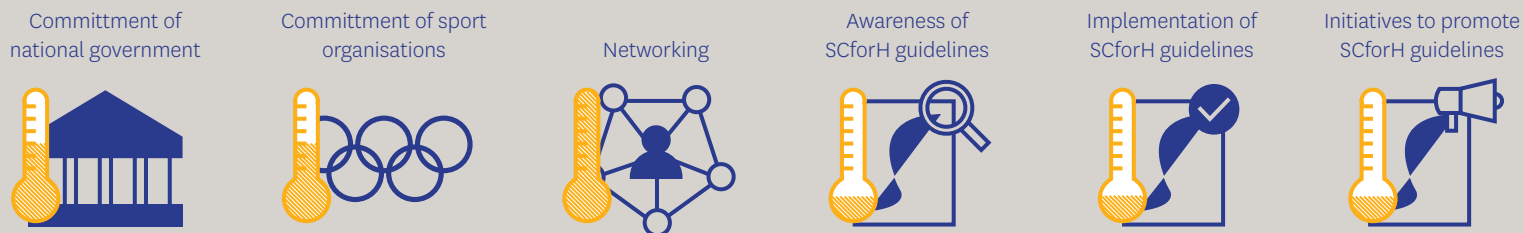
COMMITMENT OF SPORT ORGANISATIONS



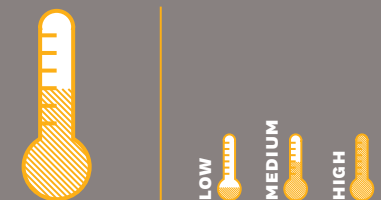
PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN



SUMMARY SCORES



OVERALL

Czechia

Population size Urban population

10.70 M 74%



DEMOGRAPHICS

≈ 535 000



Gini index
25.0



Income per capita
€19.408

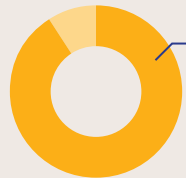


Bachelor or higher degree
21%



Unemployment rate
2,5%

SOCIOECONOMIC STATUS



Deaths from NCDs
89%

Life expectancy
79 years



Health expenditure per capita
€1.647



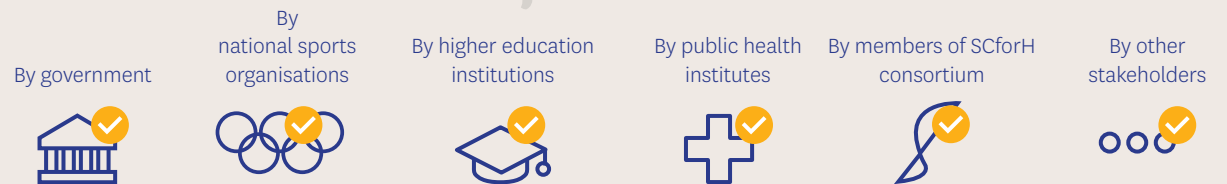
Availability of physical activity policy
Yes

POPULATION HEALTH

NATIONAL POLICY



SPORT AND EXERCISE PARTICIPATION



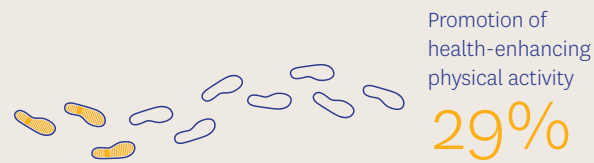
INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

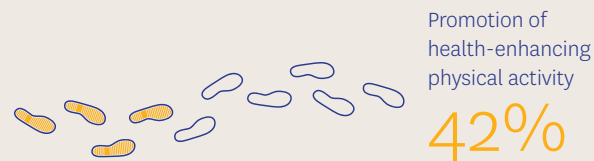
Pavel Háp, PhD
INSTITUTION
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pavel.hap@upol.cz

Michal Kudláček, PhD
INSTITUTION
Faculty of Physical Culture,
Palacký University Olomouc
EMAIL ADDRESS
michal.kudlacek@upol.cz

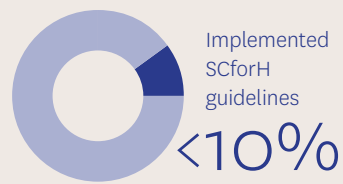
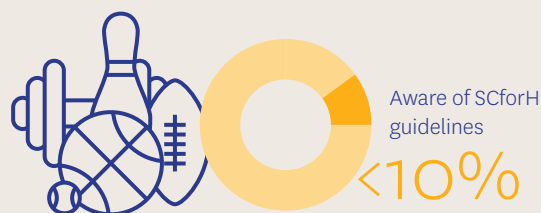
Czechia



COMMITMENT OF NATIONAL GOVERNMENT



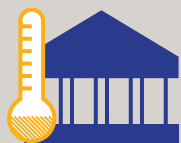
COMMITMENT OF SPORT ORGANISATIONS



NUMBER OF MEMBER ORGANISATIONS IN

PERCENTAGE OF SPORTS CLUBS

Commitment of national government



Commitment of sport organisations



Networking



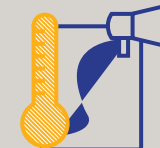
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

Denmark

Saška Benedičič Tomat
 INSTITUTION
 International Sport and Culture Association (ISCA)
 EMAIL ADDRESS
sbt@isca-web.org

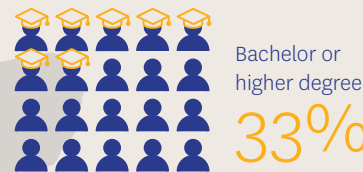
Population size Urban population

5.83 M 88%

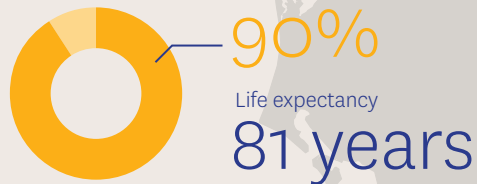


DEMOGRAPHICS

≈ 290 000



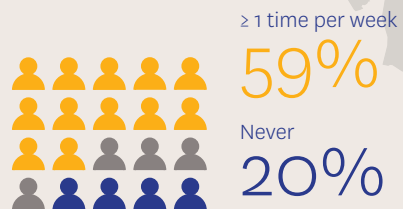
SOCIOECONOMIC STATUS



POPULATION HEALTH



NATIONAL POLICY



SPORT AND EXERCISE PARTICIPATION



INITIATIVES TO PROMOTE scforh GUIDELINES

✓ YES ✗ NO

Denmark



COMMITMENT OF NATIONAL GOVERNMENT



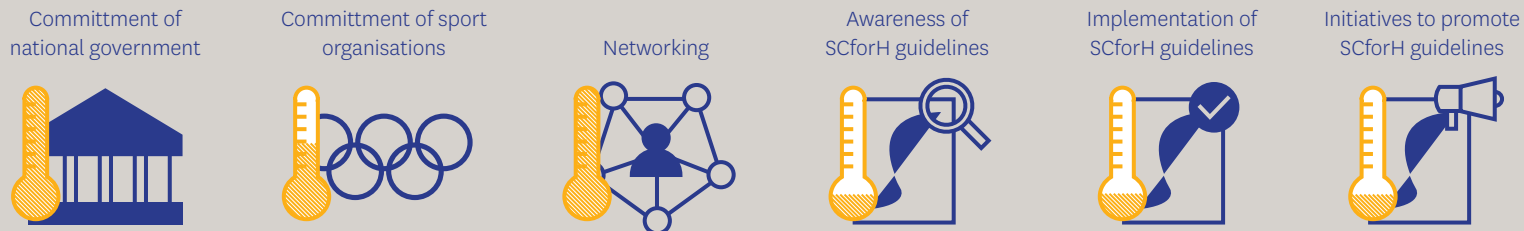
COMMITMENT OF SPORT ORGANISATIONS



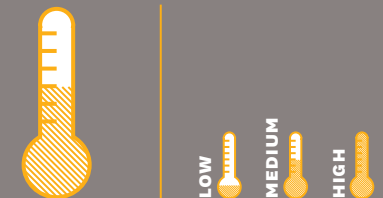
PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN



SUMMARY SCORES



OVERALL

Estonia

Population size Urban population

1.33 M 69%



DEMOGRAPHICS

👤 ≈ 66 000



Gini index
30.3



Income per capita
€20.206

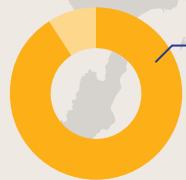


Bachelor or higher degree
31%



Unemployment rate
6,8%

SOCIOECONOMIC STATUS



Deaths from NCDs
92%

Life expectancy
79 years



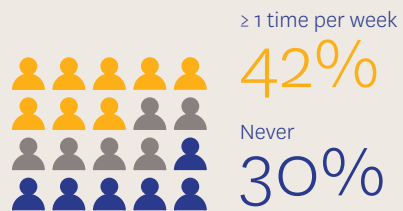
Health expenditure per capita
€1.428



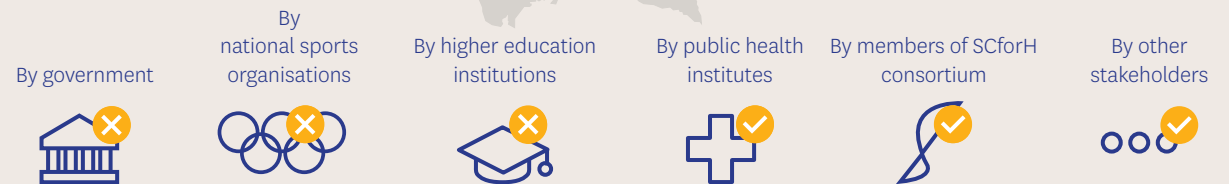
Availability of physical activity policy
Yes

POPULATION HEALTH

NATIONAL POLICY



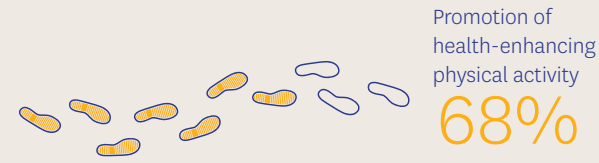
SPORT AND EXERCISE PARTICIPATION



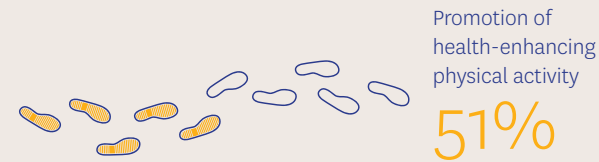
INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

Estonia



COMMITTMENT OF NATIONAL GOVERNMENT



COMMITTMENT OF SPORT ORGANISATIONS

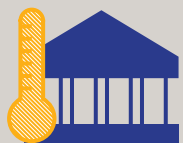


- 1** EFCS
- 1** ENGSO
- 1** HEPA Europe
- 2** ISCA
- 1** TAFISA

PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



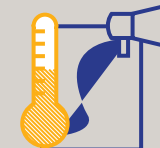
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

Finland

Population size Urban population

5.53 M 86%



DEMOGRAPHICS

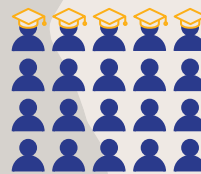
≈ 276 000



Gini index
27.3



Income per capita
€43.920

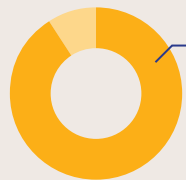


Bachelor or higher degree
26%



Unemployment rate
7,8%

SOCIOECONOMIC STATUS



Deaths from NCDs
93%

Life expectancy
82 years



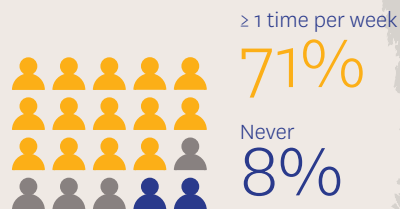
Health expenditure per capita
€3.975



Availability of physical activity policy
Yes

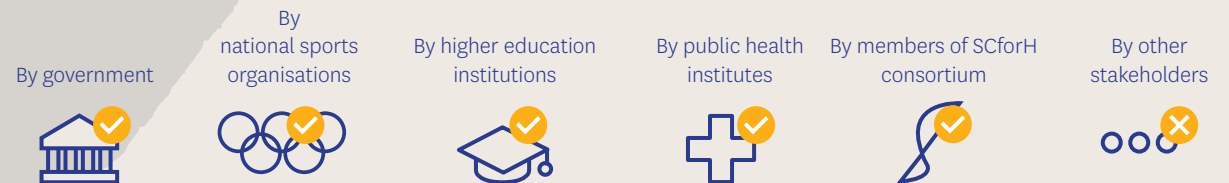
POPULATION HEALTH

NATIONAL POLICY



≥ 1 time per week
71%

Never
8%



SPORT AND EXERCISE PARTICIPATION

INITIATIVES TO PROMOTE SCforH GUIDELINES

YES NO

A/Prof Sami Kokko, PhD
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Faculty of Sport and Health Sciences, University of Jyväskylä
EMAIL ADDRESS
sami.p.kokko@jyu.fi

Prof Pasi Koski, PhD
INSTITUTION
Faculty of Education, University of Turku
EMAIL ADDRESS
pasi.koski@utu.fi

Finland



COMMITTMENT OF NATIONAL GOVERNMENT



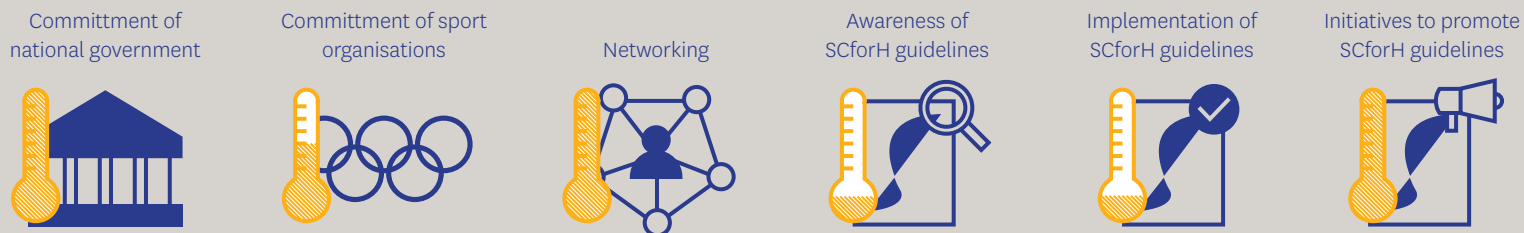
COMMITTMENT OF SPORT ORGANISATIONS



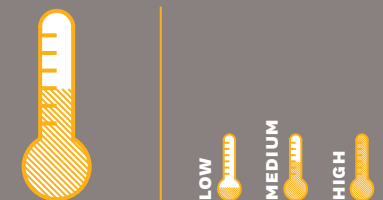
PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN



SUMMARY SCORES



OVERALL

France

A/Prof Aurélie Van Hoyer, PhD
 INSTITUTION
 Faculty of Sport Sciences,
 Université de Lorraine
 EMAIL ADDRESS
aurelie.van-hoyer@univ-lorraine.fr

Population size Urban population

67.38 M 81%



DEMOGRAPHICS

≈ 3.4 M



Gini index
32.4



Income per capita
€34.624

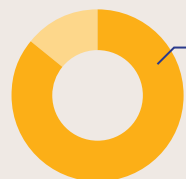


Bachelor or higher degree
20%



Unemployment rate
8,0%

SOCIOECONOMIC STATUS



Deaths from NCDs
87%

Life expectancy
83 years



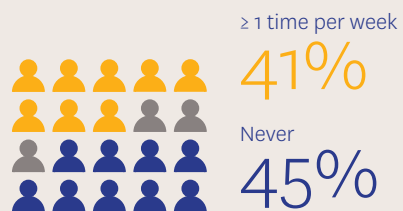
Health expenditure per capita
€4.012



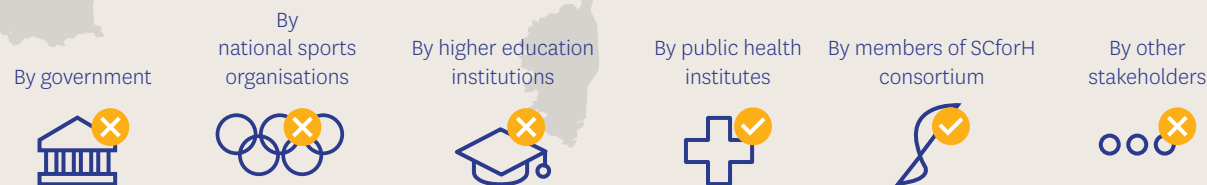
Availability of physical activity policy
Yes

POPULATION HEALTH

NATIONAL POLICY



SPORT AND EXERCISE PARTICIPATION



INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

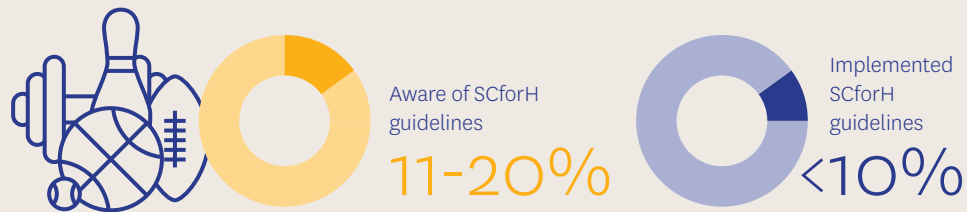
France



COMMITMENT OF NATIONAL GOVERNMENT



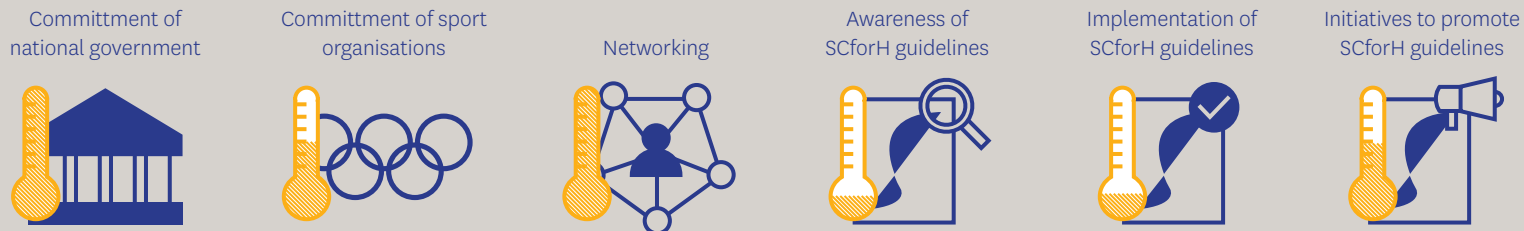
COMMITMENT OF SPORT ORGANISATIONS



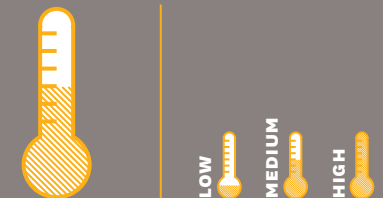
PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN



SUMMARY SCORES



OVERALL

Germany

Prof Herbert Hartmann, PhD
 INSTITUTION
 German Gymnastic Federation, Frankfurt
 EMAIL ADDRESS
hartmann-bensheim@t-online.de

Population size

83.16 M

Urban population

77%



DEMOGRAPHICS

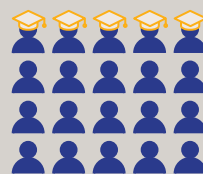
≈ 4.15 M



Gini index
31.7



Income per capita
€41.675

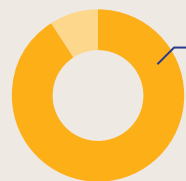


Bachelor or higher degree
25%



Unemployment rate
3,8%

SOCIOECONOMIC STATUS



Deaths from NCDs
91%

Life expectancy
81 years



Health expenditure per capita
€4.859



Availability of physical activity policy
Yes

POPULATION HEALTH

NATIONAL POLICY



≥ 1 time per week
43%
Never
32%

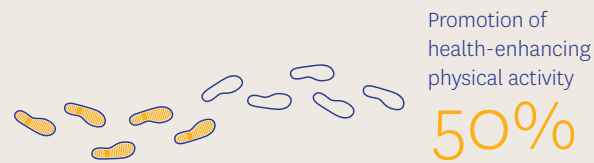
SPORT AND EXERCISE PARTICIPATION



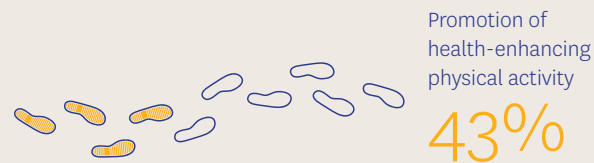
INITIATIVES TO PROMOTE SCforH GUIDELINES

✓ YES ✗ NO

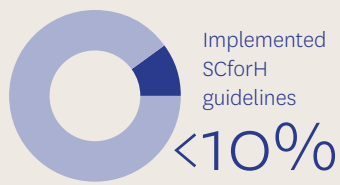
Germany



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

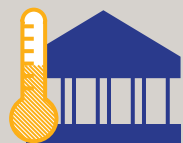


1 EFCS **1** ENGSO **12** HEPA Europe **4** ISCA **1** TAFISA

NUMBER OF MEMBER ORGANISATIONS IN

PERCENTAGE OF SPORTS CLUBS

Commitment of national government



Commitment of sport organisations



Networking



Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



LOW MEDIUM HIGH

OVERALL

Greece

Population size Urban population

10.70 M 80%



DEMOGRAPHICS

👤 ≈ 0.5 M



Gini index
32.9



Income per capita
€15.742

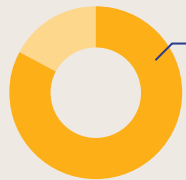


Bachelor or higher degree
26%



Unemployment rate
16,3%

SOCIOECONOMIC STATUS



Deaths from NCDs
83%

Life expectancy
82 years



Health expenditure per capita
€1.340



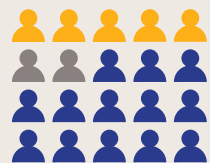
Availability of physical activity policy
No

POPULATION HEALTH

NATIONAL POLICY

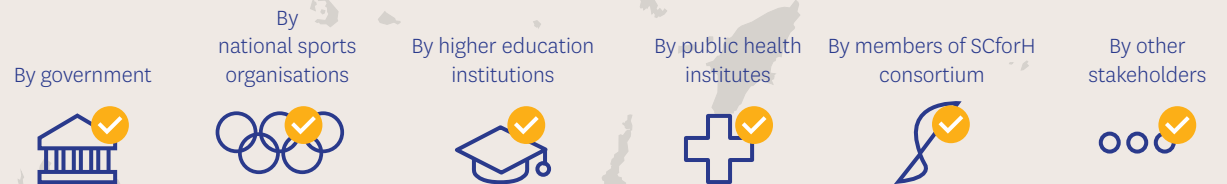
≥ 1 time per week

23%



Never
68%

SPORT AND EXERCISE PARTICIPATION



INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

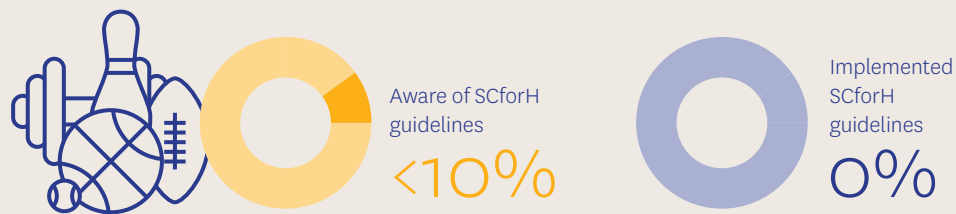
Greece



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



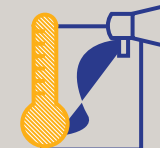
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

Hungary

Réka Veress
 INSTITUTION
 National School,
 University and Leisure
 Sport Federation
 EMAIL ADDRESS
rekaver@gmail.com

Population size Urban population

9.75 M 72%



DEMOGRAPHICS

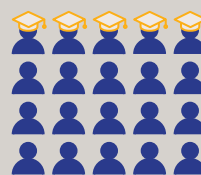
👤 ≈ 0.5 M



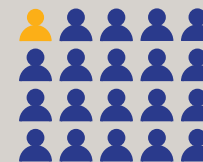
Gini index
29.6



Income per capita
€13.988

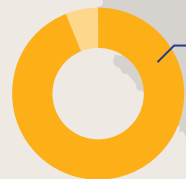


Bachelor or higher degree
24%



Unemployment rate
4,3%

SOCIOECONOMIC STATUS



Deaths from NCDs
94%

Life expectancy
76 years



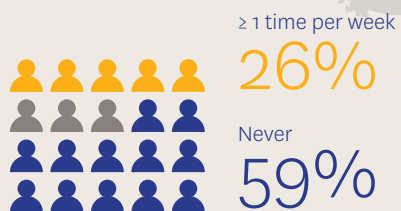
Health expenditure per capita
€949



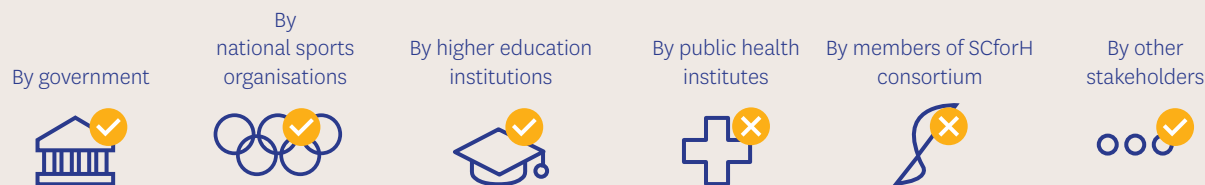
Availability of physical activity policy
Yes

POPULATION HEALTH

NATIONAL POLICY



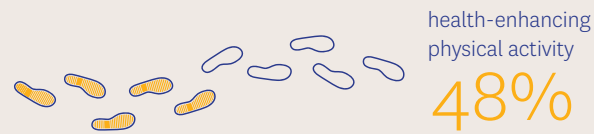
SPORT AND EXERCISE PARTICIPATION



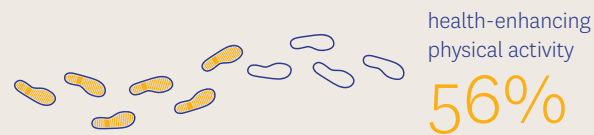
INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

Hungary



COMMITMENT OF NATIONAL GOVERNMENT



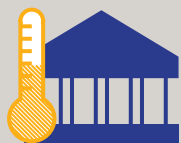
COMMITMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



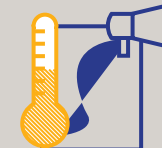
Awareness of SCforH guidelines



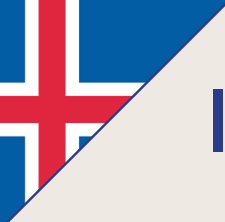
Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL



Iceland

Population size

0.37M

Urban population

94%



DEMOGRAPHICS

≈ 18 500



Gini index

26.1



Income per capita

€54.734



Bachelor or
higher degree

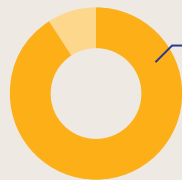
37%



Unemployment
rate

5,5%

SOCIOECONOMIC STATUS



Deaths from NCDs

89%

Life expectancy

83 years

POPULATION HEALTH



Health expenditure
per capita

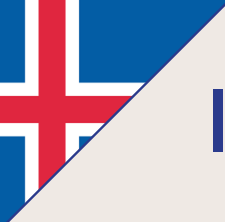
€5.604



Availability of
physical activity
policy

Yes

NATIONAL POLICY



Iceland

EMAIL ADDRESS
info@scforh.info



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

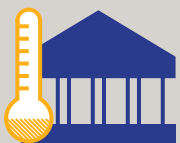


PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



Awareness of SCforH guidelines



Implementation of SCforH guidelines



SUMMARY SCORES



OVERALL

Ireland

Population size Urban population

4.99 M 64%



DEMOGRAPHICS

≈ 250 000



Gini index
30.6



Income per capita
€57.663

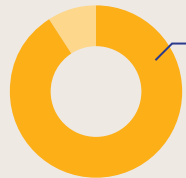


Bachelor or higher degree
31%



Unemployment rate
5,6%

SOCIOECONOMIC STATUS



Deaths from NCDs
90%

Life expectancy
83 years



Health expenditure per capita
€4.848



Availability of physical activity policy
Yes

POPULATION HEALTH

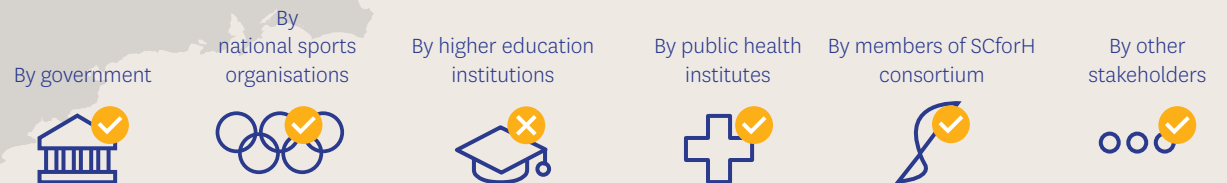
NATIONAL POLICY

≥ 1 time per week

54%

Never
35%

SPORT AND EXERCISE PARTICIPATION



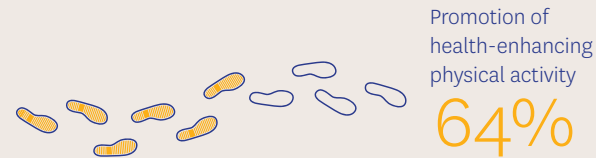
INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

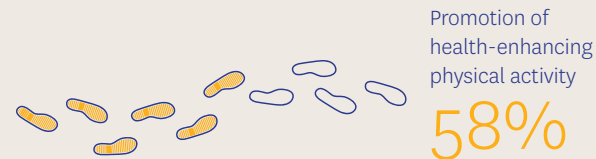
Aoife Lane, PhD
INSTITUTION
SHE Research Group,
Department of Sport and
Health Sciences, Athlone
Institute of Technology
EMAIL ADDRESS
aoife.lane@tus.ie

Colin Regan
INSTITUTION
Community & Health
Manager, Gaelic Athletic
Association
EMAIL ADDRESS
colin.regan@gaa.ie

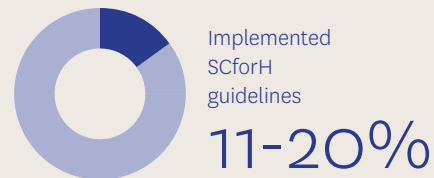
Ireland



COMMITMENT OF NATIONAL GOVERNMENT



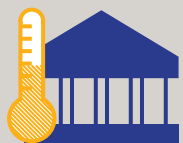
COMMITMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



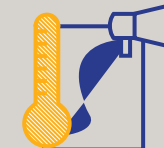
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



SUMMARY SCORES

OVERALL

Italy

Population size

59.45 M

Urban population

71%



DEMOGRAPHICS

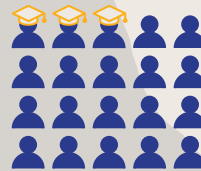
1 icon ≈ 3 M



Gini index
35.2



Income per capita
€28.397

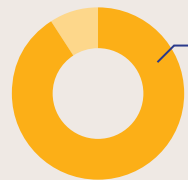


Bachelor or higher degree
17%



Unemployment rate
9,2%

SOCIOECONOMIC STATUS



Deaths from NCDs

91%

Life expectancy

83 years



Health expenditure per capita

€2.595

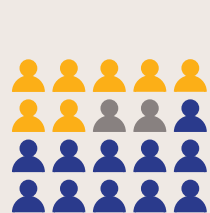


Availability of physical activity policy

Yes

POPULATION HEALTH

NATIONAL POLICY

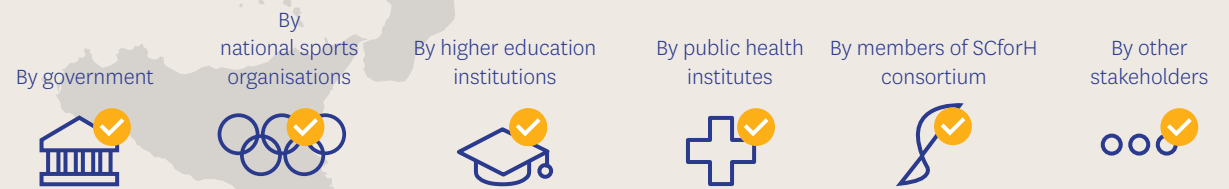


≥ 1 time per week

34%

Never

56%



INITIATIVES TO PROMOTE SCforH GUIDELINES

✓ YES ✗ NO

SPORT AND EXERCISE PARTICIPATION

Italy



COMMITTMENT OF NATIONAL GOVERNMENT



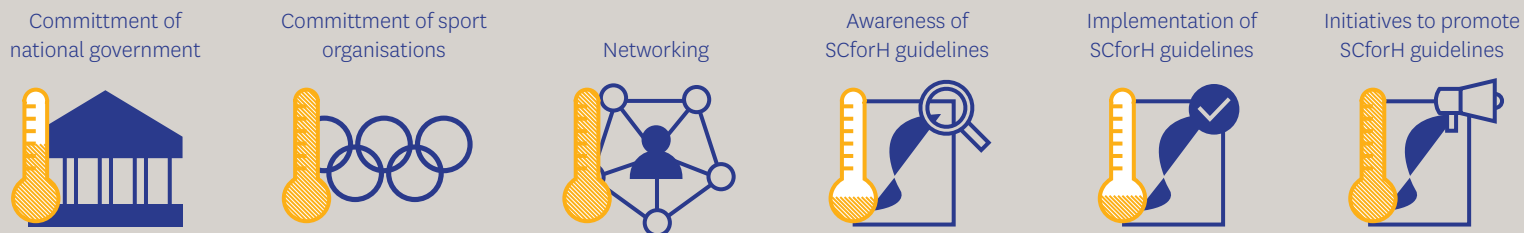
COMMITTMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN



SUMMARY SCORES



OVERALL

Latvia

Population size Urban population

1.90 M 68%



DEMOGRAPHICS

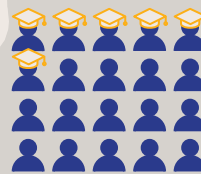
≈ 95 000



Gini index
35.1



Income per capita
€15.698

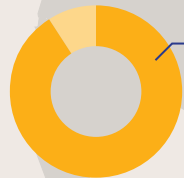


Bachelor or higher degree
31%



Unemployment rate
8,1%

SOCIOECONOMIC STATUS



Deaths from NCDs
92%

Life expectancy
75 years



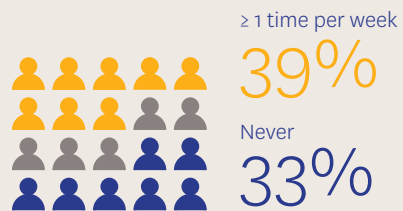
Health expenditure per capita
€1.042



Availability of physical activity policy
No

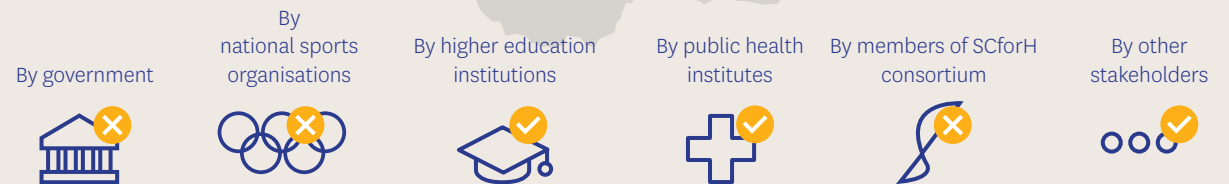
POPULATION HEALTH

NATIONAL POLICY



≥ 1 time per week
39%

Never
33%



INITIATIVES TO PROMOTE SCFORH GUIDELINES

YES NO

SPORT AND EXERCISE PARTICIPATION

Latvia



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

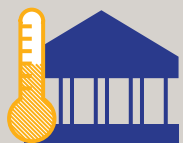


PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



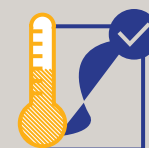
Networking



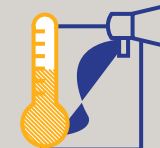
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

Lithuania

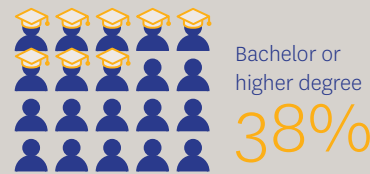
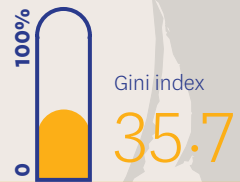
Population size
2.79 M

Urban population
68%

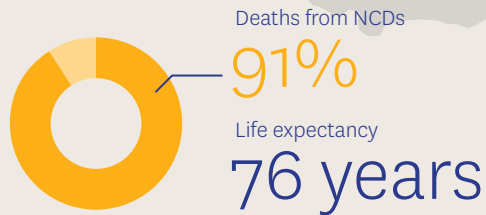


DEMOGRAPHICS

≈ 140 000



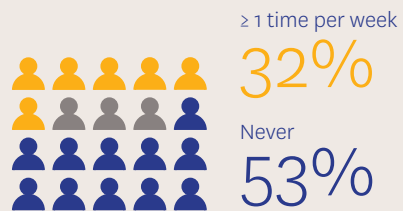
SOCIOECONOMIC STATUS



POPULATION HEALTH



NATIONAL POLICY



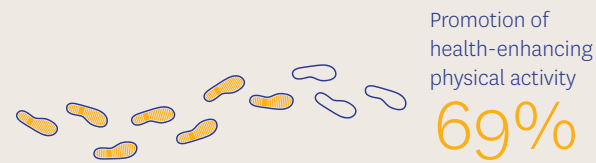
SPORT AND EXERCISE PARTICIPATION



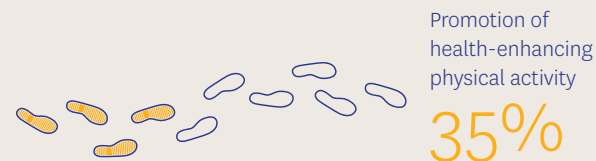
INITIATIVES TO PROMOTE scforh GUIDELINES

YES NO

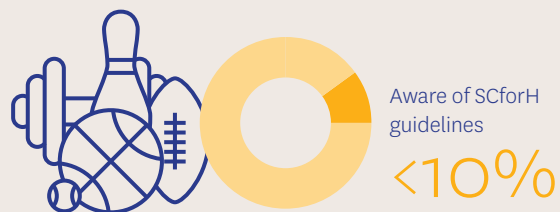
Lithuania



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

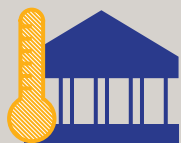


- 1** EFCS
- 1** ENGSO
- 1** HEPA Europe
- 2** ISCA
- 1** TAFISA

PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



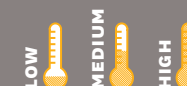
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

Luxembourg

Population size

0.63 M

Urban population

91%



DEMOGRAPHICS

≈ 31 500



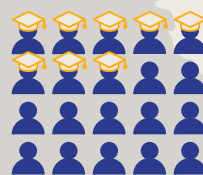
Gini index

35.4



Income per capita

€71.133



Tertiary degree

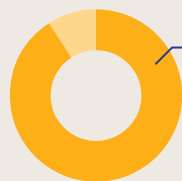
41%



Unemployment rate

6,8%

SOCIOECONOMIC STATUS



Deaths from NCDs

89%

Life expectancy

83 years



Health expenditure per capita

€5.556



Availability of physical activity policy

Yes

POPULATION HEALTH

NATIONAL POLICY



≥ 1 time per week

63%

Never

21%

By government



By national sports organisations



By higher education institutions



INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

Luxembourg



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

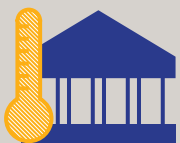


PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



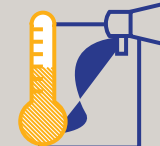
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL



Malta

Population size

0.52 M

Urban population

95%



DEMOGRAPHICS

≈ 26 000



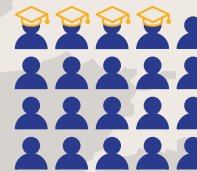
Gini index

28.7



Income per capita

€23.162



Bachelor or
higher degree

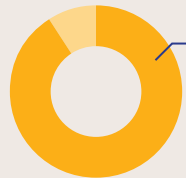
22%



Unemployment
rate

4,3%

SOCIOECONOMIC STATUS



Deaths from NCDs

90%

Life expectancy

83 years



Health expenditure
per capita

€2.261



Availability of
physical activity
policy

Yes

POPULATION HEALTH

NATIONAL POLICY



≥ 1 time per week

32%

Never

31%

By government



By national sports
organisations



By higher education
institutions



By public health
institutes



INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

SPORT AND EXERCISE PARTICIPATION



Malta



Co-funded by the Erasmus+ Programme of the European Union

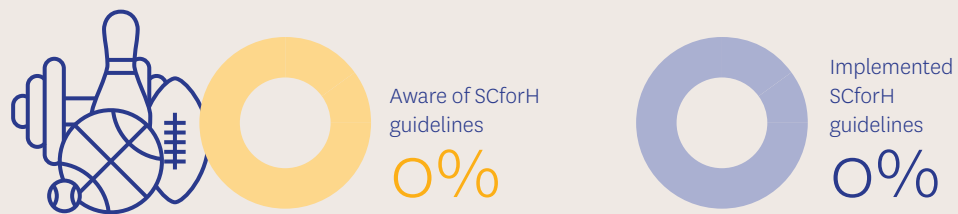
EMAIL ADDRESS info@scforh.info



COMMITMENT OF NATIONAL GOVERNMENT



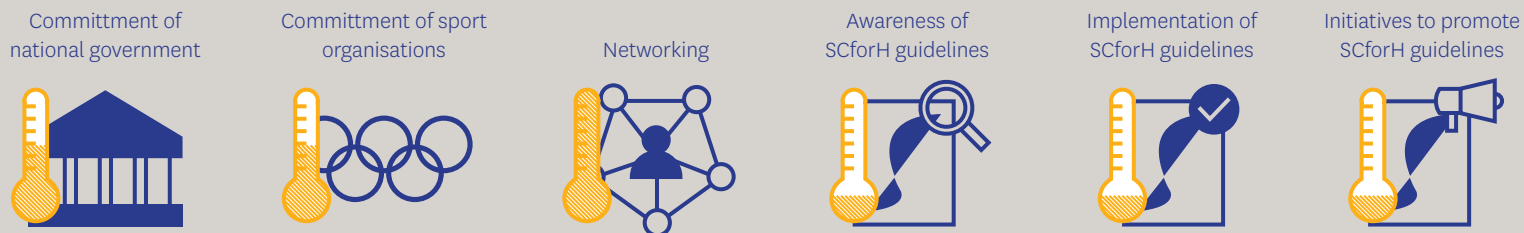
COMMITMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN



SUMMARY SCORES



OVERALL



Montenegro

Population size

0.62 M

Urban population

67%



DEMOGRAPHICS

≈ 31 000



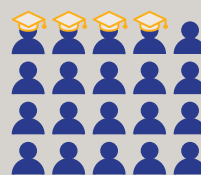
Gini index

38.5



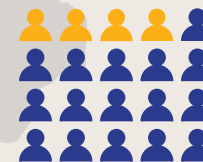
Income per capita

€6.937



Tertiary degree

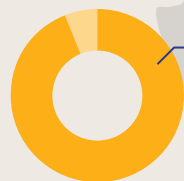
22%



Unemployment rate

17,9%

SOCIOECONOMIC STATUS



Deaths from NCDs

94%

Life expectancy

77 years



Health expenditure per capita

€657



Availability of physical activity policy

Yes

POPULATION HEALTH

NATIONAL POLICY

By government



By national sports organisations



By higher education institutions



By public health institutes



By members of SCforH consortium



By other stakeholders

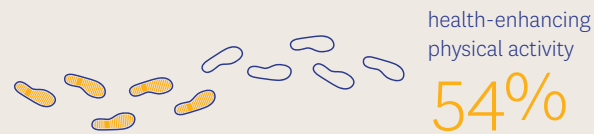


INITIATIVES TO PROMOTE SCforH GUIDELINES

✓ YES ✗ NO

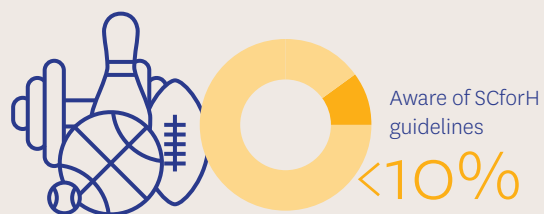


Montenegro



EMAIL ADDRESS
info@scforh.info

COMMITTMENT OF NATIONAL GOVERNMENT



PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Networking



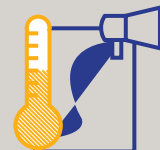
Awareness of SCforH guidelines



Implementation of SCforH guidelines

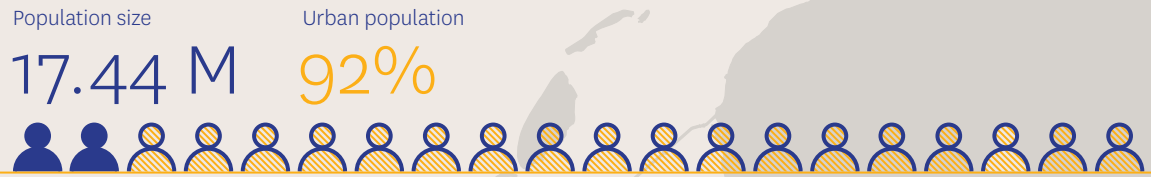


Initiatives to promote SCforH guidelines



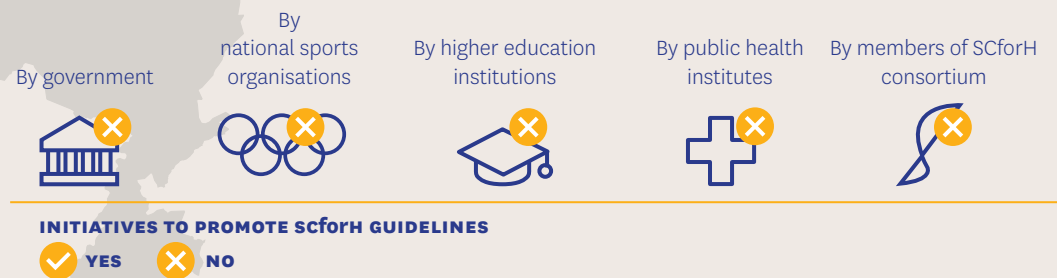
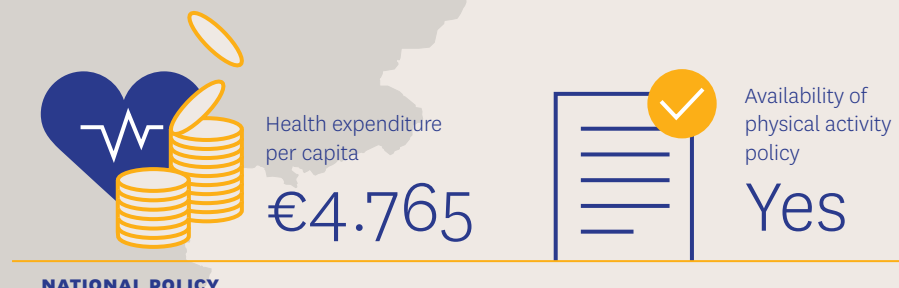
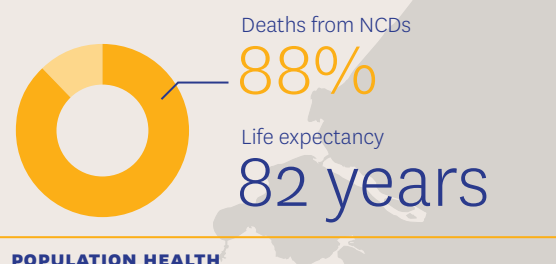
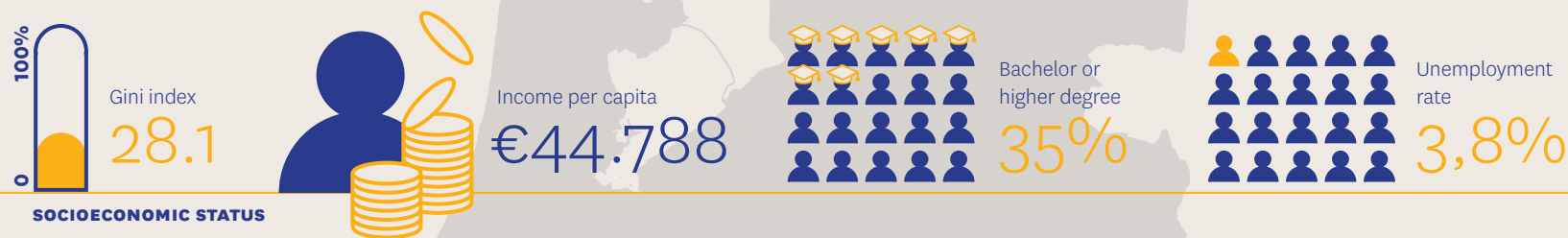
OVERALL

Netherlands



DEMOGRAPHICS

1 icon = 0.8 M



Netherlands

EMAIL ADDRESS
info@scforh.info



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

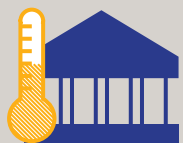


PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

North Macedonia

Population size

2.07 M

Urban population

58%



DEMOGRAPHICS

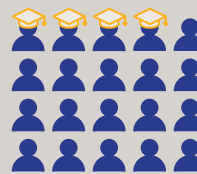
👤 ≈ 100 000



Gini index
33.0



Income per capita
€4.990

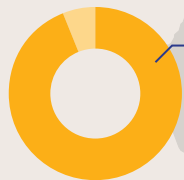


Bachelor or higher degree
22%



Unemployment rate
17,2%

SOCIOECONOMIC STATUS



Deaths from NCDs
96%

Life expectancy
77 years



Health expenditure per capita
€390



Availability of physical activity policy
Yes

POPULATION HEALTH

NATIONAL POLICY

By government	By national sports organisations	By higher education institutions	By public health institutes	By members of SCforH consortium	By other stakeholders

INITIATIVES TO PROMOTE SCforH GUIDELINES

✓ YES ✗ NO

North Macedonia



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

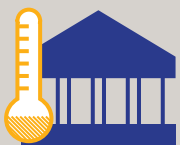


PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



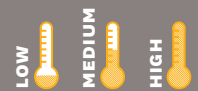
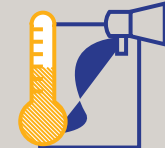
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

Norway

Population size

5.38 M

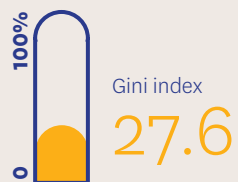
Urban population

83%

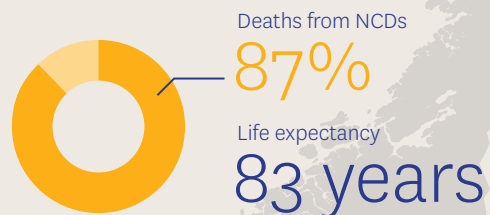


DEMOGRAPHICS

≈ 270 000



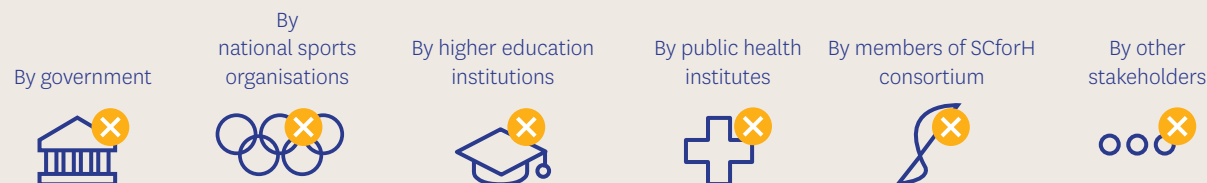
SOCIOECONOMIC STATUS



POPULATION HEALTH



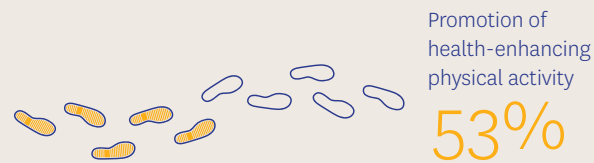
NATIONAL POLICY



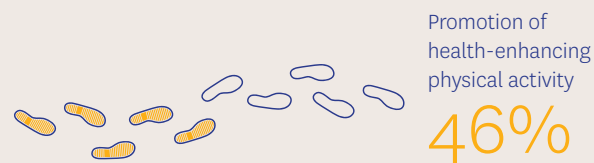
INITIATIVES TO PROMOTE SCforH GUIDELINES

✓ YES ✗ NO

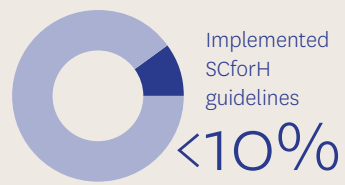
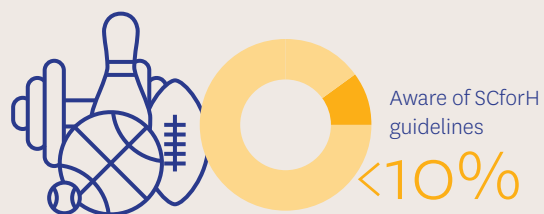
Norway



COMMITMENT OF NATIONAL GOVERNMENT



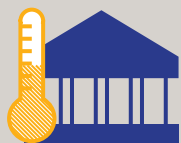
COMMITMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

Poland

Population size

37.90 M

Urban population

60%



DEMOGRAPHICS

≈ 1.9 M



Gini index

30.2



Income per capita

€13.383



Bachelor or higher degree

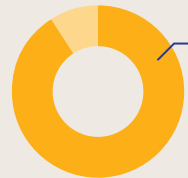
28%



Unemployment rate

3,2%

SOCIOECONOMIC STATUS



Deaths from NCDs

90%

Life expectancy

78 years



Health expenditure per capita

€906

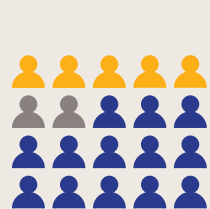


Availability of physical activity policy

Yes

POPULATION HEALTH

NATIONAL POLICY



≥ 1 time per week

23%

Never

65%

SPORT AND EXERCISE PARTICIPATION



INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

Poland

EMAIL ADDRESS
info@scforh.info



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

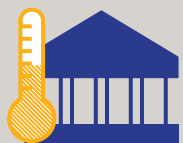


PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



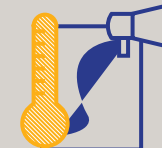
Awareness of SCforH guidelines



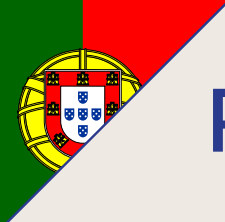
Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL



Portugal

Population size
10.30M

Urban population
66%

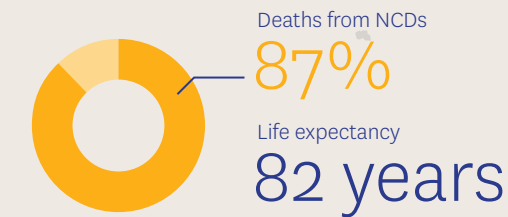


DEMOGRAPHICS

👤 ≈ 0.5 M



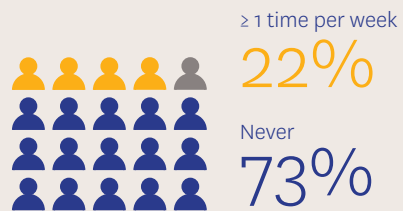
SOCIOECONOMIC STATUS



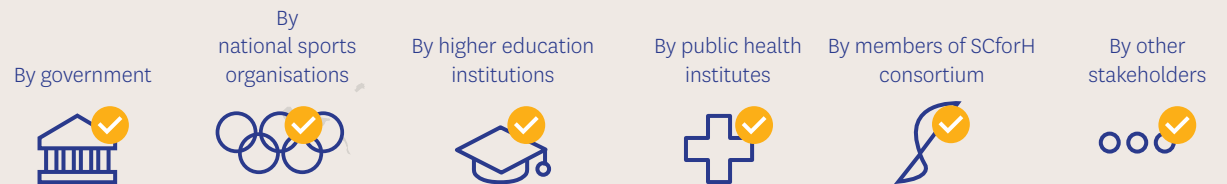
POPULATION HEALTH



NATIONAL POLICY



SPORT AND EXERCISE PARTICIPATION

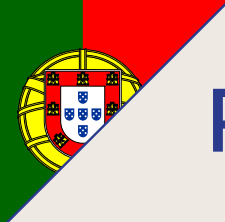


INITIATIVES TO PROMOTE SCforH GUIDELINES

YES NO

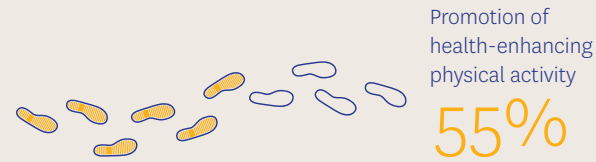


EMAIL ADDRESS
info@scforh.info

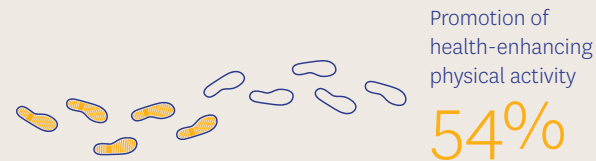


Portugal

EMAIL ADDRESS
info@scforh.info



COMMITMENT OF NATIONAL GOVERNMENT



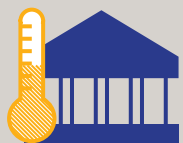
COMMITMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



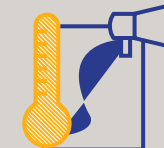
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



Romania

Population size

19.26 M

Urban population

54%



DEMOGRAPHICS

👤 ≈ 1 M



Gini index
35.8



Income per capita
€11.077

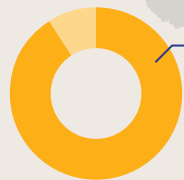


Bachelor or higher degree
13%



Unemployment rate
5,0%

SOCIOECONOMIC STATUS



Deaths from NCDs
91%

Life expectancy
76 years



Health expenditure per capita
€660



Availability of physical activity policy
Yes

POPULATION HEALTH

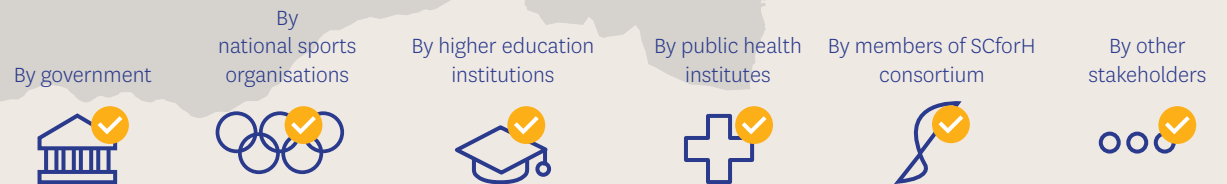
NATIONAL POLICY



≥ 1 time per week
20%

Never
62%

SPORT AND EXERCISE PARTICIPATION



INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

Romania



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

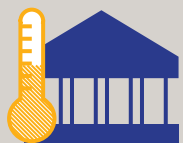


PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL



Serbia

Prof Dušan Mitić, PhD
INSTITUTION
Faculty of Sport and
Physical Education,
University of Belgrade
EMAIL ADDRESS
dusan.mitic55@gmail.com

Population size

Urban population

6.90 M 56%



DEMOGRAPHICS

≈ 345 000



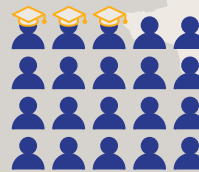
Gini index

35.0



Income per capita

€6.516



Bachelor or
higher degree

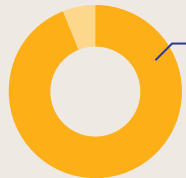
16%



Unemployment
rate

9,0%

SOCIOECONOMIC STATUS



Deaths from NCDs

95%

Life expectancy

76 years



Health expenditure
per capita

€573



Availability of
physical activity
policy

Yes

POPULATION HEALTH

NATIONAL POLICY

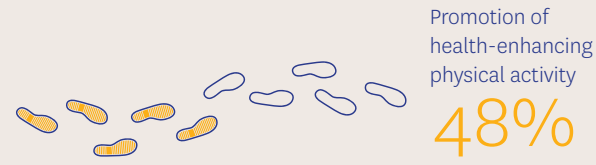
- By government
- By national sports organisations
- By higher education institutions
- By public health institutes
- By members of SCforH consortium
- By other stakeholders

INITIATIVES TO PROMOTE SCFORH GUIDELINES

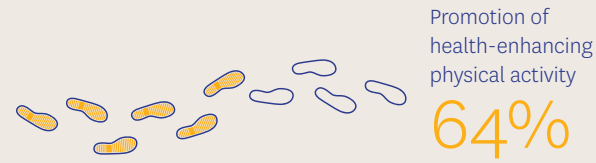
✓ YES ✗ NO



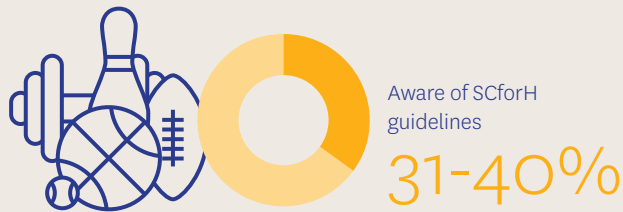
Serbia



COMMITTMENT OF NATIONAL GOVERNMENT



COMMITTMENT OF SPORT ORGANISATIONS

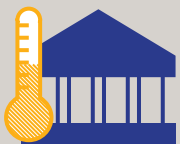


- 2 EFCS
- 1 ENGSO
- 1 HEPA Europe
- 2 ISCA
- 1 TAFISA

PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



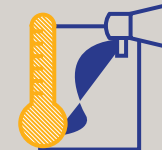
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines





Slovakia

Population size Urban population

5.46 M 54%



DEMOGRAPHICS

≈ 273 000



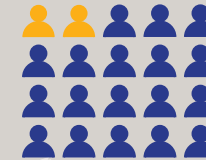
Gini index
25.0



Income per capita
€16.593

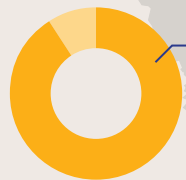


Bachelor or
higher degree
23%



Unemployment
rate
6,7%

SOCIOECONOMIC STATUS



Deaths from NCDs
89%

Life expectancy
78 years



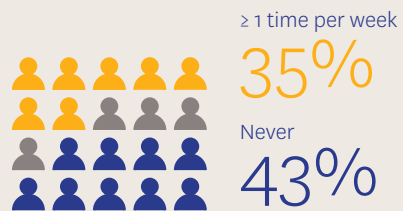
Health expenditure
per capita
€1.200



Availability of
physical activity
policy
Yes

POPULATION HEALTH

NATIONAL POLICY



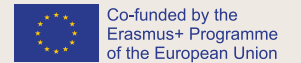
≥ 1 time per week
35%

Never
43%

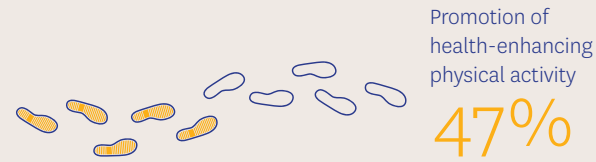
SPORT AND EXERCISE PARTICIPATION



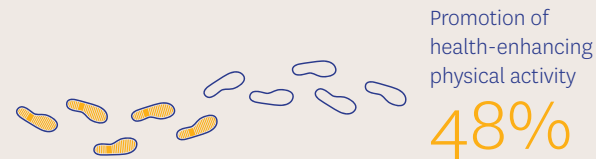
Slovakia



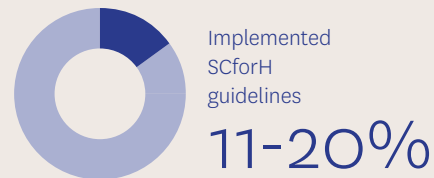
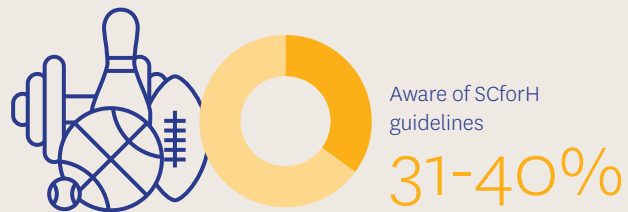
EMAIL ADDRESS
info@scforh.info



COMMITTMENT OF NATIONAL GOVERNMENT



COMMITTMENT OF SPORT ORGANISATIONS

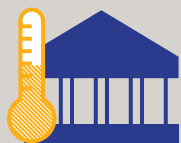


- 1 EFCS
- 1 ENGSO
- 1 HEPA Europe
- 1 ISCA
- 1 TAFISA

PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



Awareness of SCforH guidelines



Implementation of SCforH guidelines



SUMMARY SCORES



OVERALL



Slovenia

Saška Benedičič Tomat
INSTITUTION
International Sport and
Culture Association (ISCA)
EMAIL ADDRESS
sbt@isca-web.org

Population size Urban population

2.10 M 55%



DEMOGRAPHICS

≈ 105 000



Gini index
24.6



Income per capita
€22.223

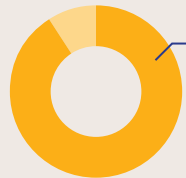


Bachelor or
higher degree
22%



Unemployment
rate
5,0%

SOCIOECONOMIC STATUS



Deaths from NCDs
90%

Life expectancy
82 years



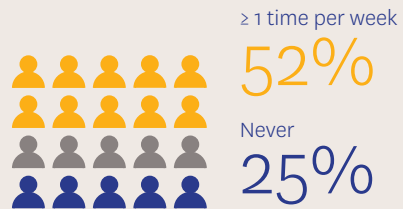
Health expenditure
per capita
€1.982



Availability of
physical activity
policy
Yes

POPULATION HEALTH

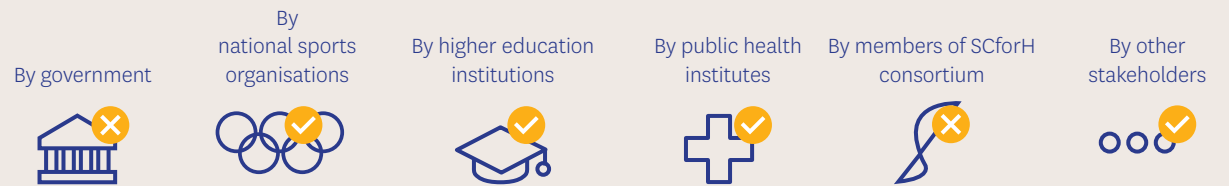
NATIONAL POLICY



≥ 1 time per week
52%

Never
25%

SPORT AND EXERCISE PARTICIPATION



INITIATIVES TO PROMOTE scforh GUIDELINES

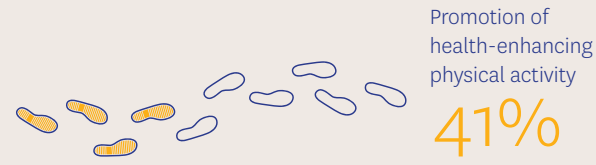
✓ YES ✗ NO



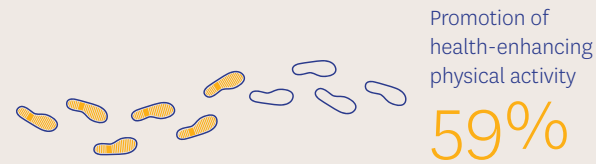
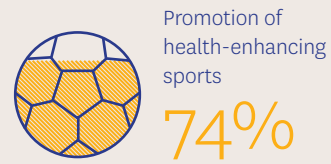
Slovenia



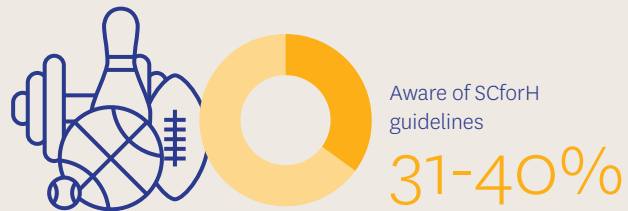
Co-funded by the Erasmus+ Programme of the European Union



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS



1 EFCS **0** ENGSO **5** HEPA Europe **1** ISCA **2** TAFISA

PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



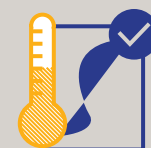
Networking



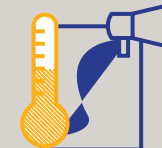
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



LOW MEDIUM HIGH

OVERALL



Spain

Population size Urban population

47.36 M 81%



DEMOGRAPHICS

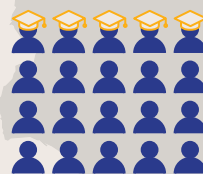
👤 ≈ 2.4 M



Gini index
34.7



Income per capita
€23.995

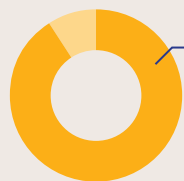


Bachelor or
higher degree
24%



Unemployment
rate
15,5%

SOCIOECONOMIC STATUS



Deaths from NCDs
91%

Life expectancy
84 years



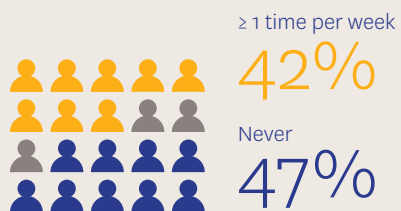
Health expenditure
per capita
€2.421



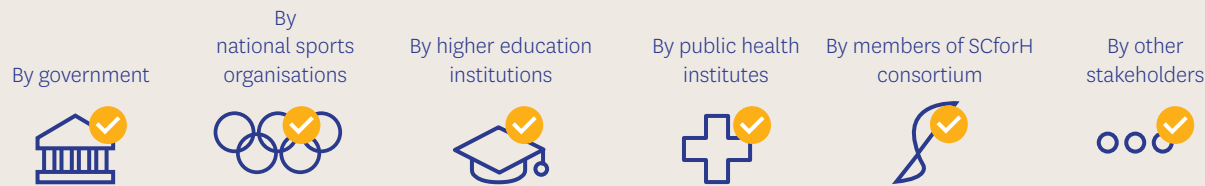
Availability of
physical activity
policy
Yes

POPULATION HEALTH

NATIONAL POLICY



≥ 1 time per week
42%
Never
47%



INITIATIVES TO PROMOTE scforh GUIDELINES

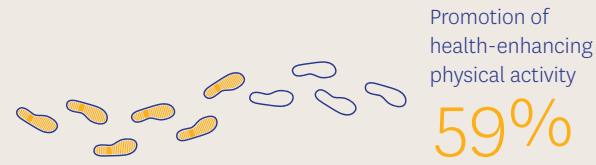
✓ YES ✗ NO

SPORT AND EXERCISE PARTICIPATION

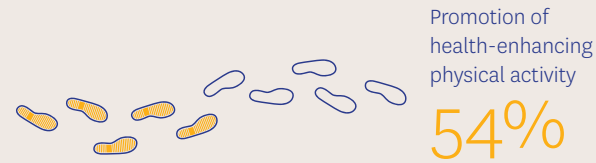


Spain

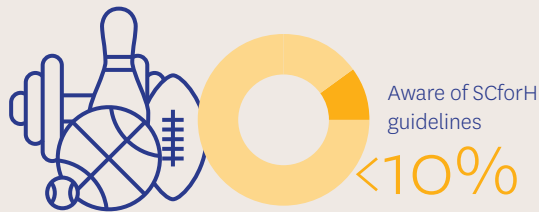
EMAIL ADDRESS info@scforh.info



COMMITTMENT OF NATIONAL GOVERNMENT



COMMITTMENT OF SPORT ORGANISATIONS



1 EFCS

1 ENGSO

12 HEPA Europe

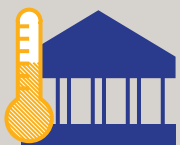
7 ISCA

1 TAFISA

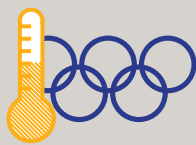
PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



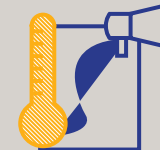
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

Sweden

A/Prof Susanna Geidne, PhD
 INSTITUTION
 School of Health Sciences,
 Örebro
 University
 EMAIL ADDRESS
susanna.geidne@oru.se

Lovisa Broms
 INSTITUTION
 European Non-Governmental Sports Organisation (ENGSO Youth)
 EMAIL ADDRESS
broms@engso.eu

Population size

10.35 M

Urban population

88%



DEMOGRAPHICS

👤 ≈ 0.5 M



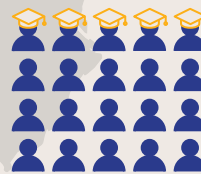
Gini index

30.0



Income per capita

€47.612



Bachelor or higher degree

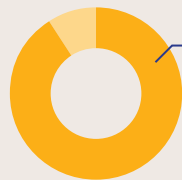
25%



Unemployment rate

8,3%

SOCIOECONOMIC STATUS



Deaths from NCDs

89%

Life expectancy

83 years



Health expenditure per capita

€5.065

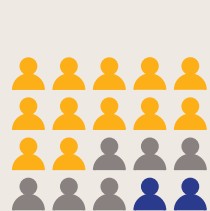


Availability of physical activity policy

Yes

POPULATION HEALTH

NATIONAL POLICY

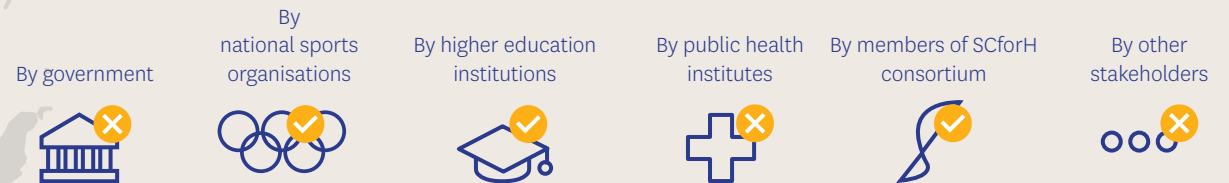


≥ 1 time per week

59%

Never

12%

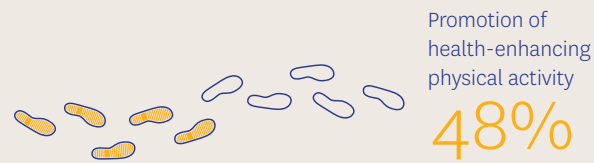


INITIATIVES TO PROMOTE SCforH GUIDELINES

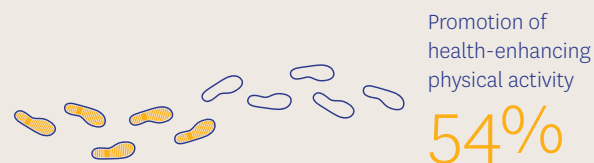
✓ YES ✗ NO

SPORT AND EXERCISE PARTICIPATION

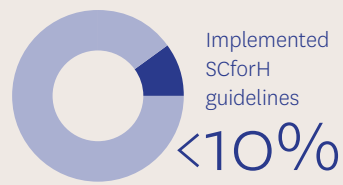
Sweden



COMMITMENT OF NATIONAL GOVERNMENT



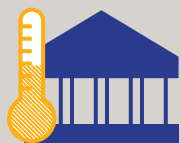
COMMITMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



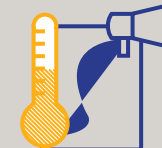
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL



Switzerland

Population size

8.64 M

Urban population

74%



DEMOGRAPHICS

≈ 432 000



Gini index

33.1



Income per capita

€72.458



Tertiary degree

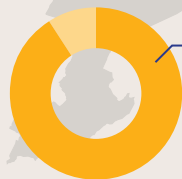
39%



Unemployment rate

4,8%

SOCIOECONOMIC STATUS



Deaths from NCDs

90%

Life expectancy

84 years



Health expenditure per capita

€8.633



Availability of physical activity policy

Yes

POPULATION HEALTH

NATIONAL POLICY

By government



By higher education institutions



By public health institutes



By members of SCforH consortium

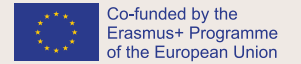


INITIATIVES TO PROMOTE SCforH GUIDELINES

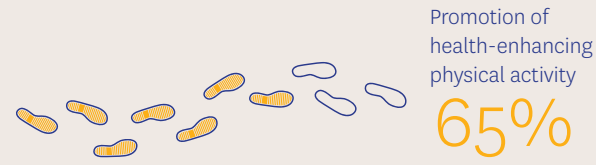
✓ YES ✗ NO



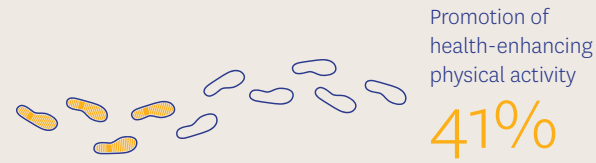
Switzerland



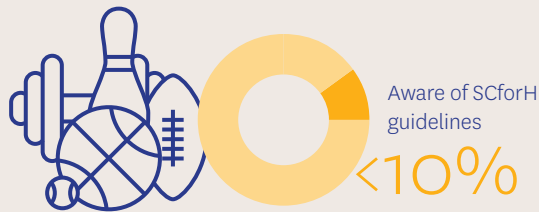
EMAIL ADDRESS
info@scforh.info



COMMITTMENT OF NATIONAL GOVERNMENT



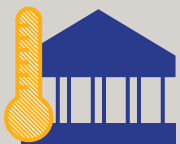
COMMITTMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



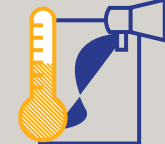
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



SUMMARY SCORES

OVERALL

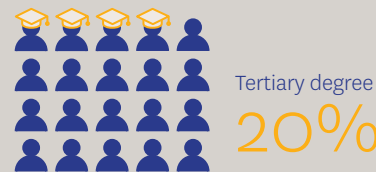
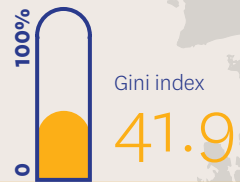
Population size
84.34 M

Urban population
76%

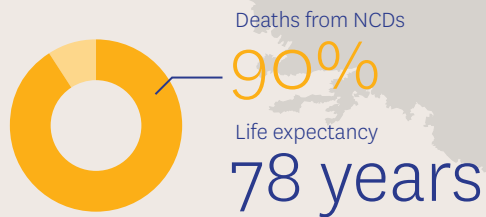


DEMOGRAPHICS

≈ 4.2 M



SOCIOECONOMIC STATUS



POPULATION HEALTH

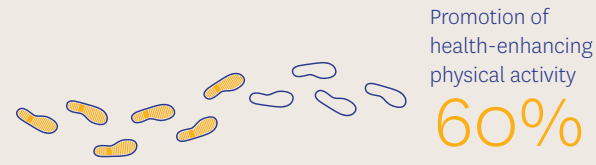


NATIONAL POLICY

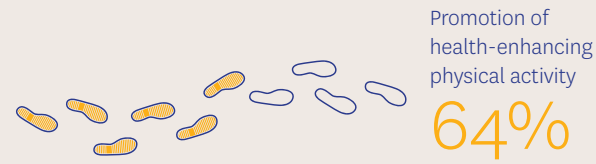
By government	By national sports organisations	By higher education institutions	By public health institutes	By members of SCforH consortium	By other stakeholders
					

INITIATIVES TO PROMOTE SCforH GUIDELINES

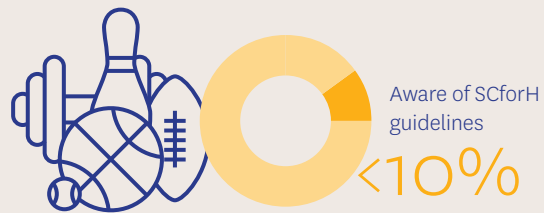
 YES  NO



COMMITMENT OF NATIONAL GOVERNMENT



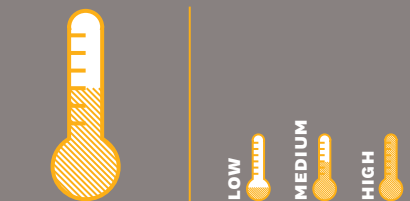
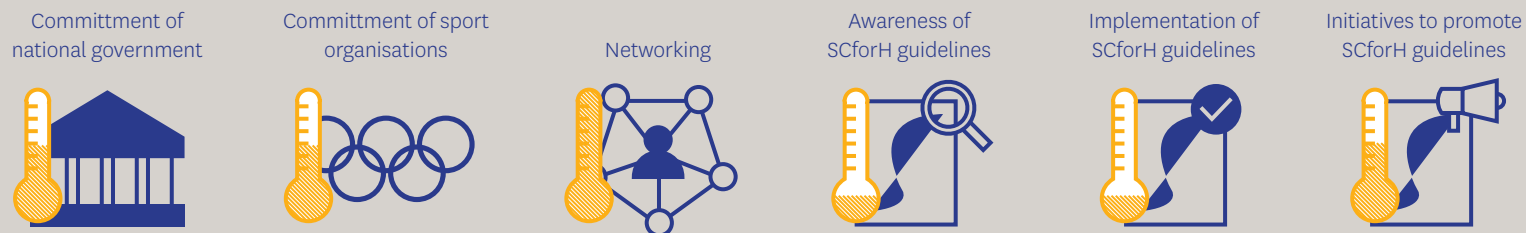
COMMITMENT OF SPORT ORGANISATIONS



PERCENTAGE OF SPORTS CLUBS

NUMBER OF MEMBER ORGANISATIONS IN

SUMMARY SCORES



United Kingdom

Population size

67.08 M

Urban population

84%



DEMOGRAPHICS

≈ 3.35 M



Gini index

35.1



Income per capita

€35.054



Bachelor or higher degree

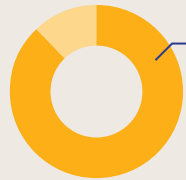
37%



Unemployment rate

4,5%

SOCIOECONOMIC STATUS



Deaths from NCDs

88%

Life expectancy

81 years

POPULATION HEALTH



Health expenditure per capita

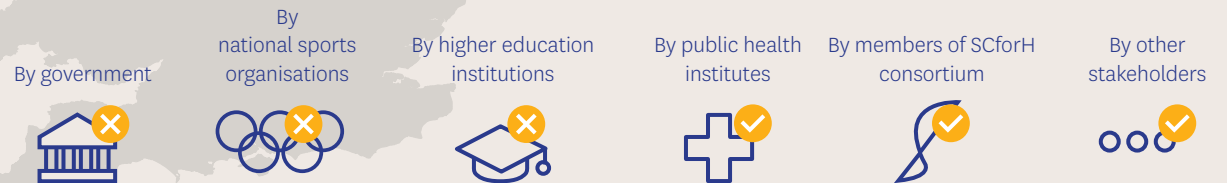
€3.852



Availability of physical activity policy

Yes (except Northern Ireland)

NATIONAL POLICY



INITIATIVES TO PROMOTE SCFORH GUIDELINES

✓ YES ✗ NO

United Kingdom



COMMITMENT OF NATIONAL GOVERNMENT



COMMITMENT OF SPORT ORGANISATIONS

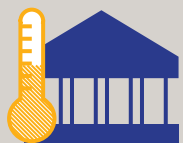


PERCENTAGE OF SPORTS CLUBS



NUMBER OF MEMBER ORGANISATIONS IN

Commitment of national government



Commitment of sport organisations



Networking



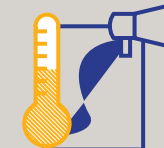
Awareness of SCforH guidelines



Implementation of SCforH guidelines



Initiatives to promote SCforH guidelines



OVERALL

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